



# **It's Not Me, It's You: Subjective Recollections from a Terminally Optimistic, Chronically Sarcastic and Occasionally Inebriated Woman**

*Stefanie Wilder-Taylor*

[Download now](#)

[Read Online](#) 

# It's Not Me, It's You: Subjective Recollections from a Terminally Optimistic, Chronically Sarcastic and Occasionally Inebriated Woman

*Stefanie Wilder-Taylor*

## **It's Not Me, It's You: Subjective Recollections from a Terminally Optimistic, Chronically Sarcastic and Occasionally Inebriated Woman** Stefanie Wilder-Taylor

Stefanie Wilder-Taylor has never been one to take the easy, conventional route. In her latest work *It's Not Me, It's You*, she unabashedly showcases a life well lived, ignoring all wisdom, but yet somehow, coming out on top. Combining her trademark biting wit and straightforward common sense, the anticipated comedic memoir delivers outrageous tales from all periods of her life and family history.

From Taylor's outlook on working hard (audition for a game show instead) to getting her husband to propose (forget *The Rules*: try nagging and physical violence) these stories venture beyond daycare, sure to entertain both parents and non-parents alike.

Covering a wide range of topics that explore the anxiety, frustration, and exhaustion that accompany the rewarding, comical, awe-inspiring, and life-altering roles of parent, teenager, wife, and daughter, *It's Not Me, It's You* offers readers an escape, empathy, and plenty of laughs.

## **It's Not Me, It's You: Subjective Recollections from a Terminally Optimistic, Chronically Sarcastic and Occasionally Inebriated Woman Details**

Date : Published July 7th 2009 by Gallery Books (first published April 7th 2009)

ISBN : 9781416954149

Author : Stefanie Wilder-Taylor

Format : Hardcover 240 pages

Genre : Humor, Nonfiction, Autobiography, Memoir, Womens Fiction, Chick Lit, Writing, Essays, Funny

 [Download It's Not Me, It's You: Subjective Recollectio ...pdf](#)

 [Read Online It's Not Me, It's You: Subjective Recollect ...pdf](#)

**Download and Read Free Online It's Not Me, It's You: Subjective Recollections from a Terminally Optimistic, Chronically Sarcastic and Occasionally Inebriated Woman Stefanie Wilder-Taylor**

---

## **From Reader Review It's Not Me, It's You: Subjective Recollections from a Terminally Optimistic, Chronically Sarcastic and Occasionally Inebriated Woman for online ebook**

### **Nicole says**

Fast, easy funny read.

---

### **Lindsay says**

Good book, fun, but slightly disconnected.

---

### **Morrigan says**

[u]The Tough Decisions in Life[/u]

How do you escape when your boyfriend is kinda keeping you hostage? You channel your inner Tori Spelling.

You need a car and your parents won't help you out, what do you do? You win one at Hollywood Squares.

You are at a shelter because your mother kicked you out of the house, what do you do? Rally up all the kids at the shelter and pass a petition for more T.V. time.

Hilarious!

This book had me laughing out loud in the middle of the gym. Yes, I got a few stares. I took it to the beach and I was laughing so hard, my friends were thoroughly amused.

This book, written by Stefanie Wilder-Taylor, is a collection of short essays or vignettes that chronicle certain events in her life such as: moving to L.A., being dropped off at a shelter by her mother, meeting her future husband online, and throwing a tantrum because her boyfriend won't marry her. They are not told in any specific order and the disjointed arrangement of the chapters fits the book perfectly. This book is extremely subjective, uniquely honest, and hugely entertaining. I like this book so much, I want to hang out with the author.

The book deals with the ups and downs of her life in a very funny way. I would, at times, realize that what was happening was not a funny thing (being kicked out of her house, her numerous relationships, her self-destructive ways, eating disorders, and estranged relationship with her father) but she has a way with words that I could not stop laughing. The last chapter took a more serious tone, amidst all the funny references, that seemed to project the author's own transformation into a semi-responsible adult.

This was a fast read and extremely enjoyable. I can't wait for another of her books, there are too many stages of her life that are missing from this one.

This is a book to get.

---

### **Kelly says**

This was a very funny book! The timeline jumped around a bit much, but her humorous stories of her life whether that be real or made up, kept me laughing the whole book through. It really made me feel better about my own life!

---

### **Natashi says**

definitely interesting. sortof reminds me of Bitter Is the New Black

---

### **Kerry says**

This was a laugh out loud one! A bunch of short autobiographical short stories that are friggen funny! Like the time she "accidentally free-based cocaine" or when they kind of joined a cult to get the free food. haha. It's a good one!

---

### **Holly Lee (Bellis Novella) says**

You all may remember my recent review of Stefanie Wilder-Taylor's "Sippy Cups Are Not For Chardonnay". I loved it! I thought that the stories were insightful, hilarious and candid. The latest book from Stefanie Wilder-Taylor is her own memoir. She takes us through growing up, all the way through carrying her twins in a high risk pregnancy.

One of the things I like most about her writing is her -holds nothing back- style. She talks openly and candidly about life situations and her reactions to them. She obviously has a knack for humor as well. Her father was a bit of a deadbeat, a stand-up comedian who walked out on the family early on, but left Stefanie with sharp wit.

I am not surprised at all that she is friends with Chelsea Handler, the two have very similar styles of writing and story telling. Naturally if you like the two books by Chelsea Handler you will really enjoy what Stefanie Wilder-Taylor writes about.

My biggest complaint about the book would be the ending, or lack thereof. The book just kind of stopped. I actually wondered if I was missing some pages. I think that the book needs an additional chapter at the end to wrap things up. The way that it is currently left off is strange.

---

### **Pam says**

I would not recommend this book to anyone. The only funny thing about the book was the title. The cover was mildly amusing. The book is a collection of stories of events that occurred to the author, Stefanie Wilder-Taylor. Funny is not a description to be used in describing her memories. I do find it somewhat amusing that people actually bought this book. I am only glad I did not read this book outdoors for I would have taken a sharp stick to my eye to ease the pain. Do not waste your time reading this book.

---

### **Lawillett says**

Very easy read. Short essays make it a book that is easy to find a stopping point. This book made me crack up at times. I look forward to reading her other books!

---

### **Samantha Wilson says**

This book was funny (if you have a sarcastic sense of humor) and there were also a lot of sad parts throughout. It kept me interested the whole time reading it.

---

### **Lisa says**

This was a super-quick read. It's just essays but I grew to love the author as the book develops. This was better than her book Sippy Cups Are Not For Chardonnay.

---

### **Peebee says**

I'm not sure why I keep reading these humorous memoirs -- I think mostly to validate that there are crazier people than me out there who still manage to survive in the world. This was one of the better ones, though...it wasn't over-the-top funny, but I appreciated that she wasn't always trying to be over-the-top funny and failing, like many of these books. (Are you listening, Laurie Notaro?)

---

### **Carrie says**

Made me laugh - which is exactly what I needed on a dreary January day in Illinois.

---

### **Mamatulip says**

Quite funny; great narrative voice with an enviable wit.

---

## Shaida Hossein says

Good, but definitely wasn't as humorous as I first anticipated. I would be interested in reading some of her other novels (particularly Sippy Cups Are Not for Chardonnay and Naptime Is the New Happy Hour). Don't get me wrong, she had humor nestled into her stories, but for me it wasn't a slap-stick kind of humor but rather it provided comic relief. This book has a bunch of short stories that are basically in chronological order of her life. A lot of the short stories involved some heavy storylines involving estranged parents, difficulties of living in LA as a teenager, drugs, dating, and the pressures of getting married. There are several funny quotations from the stories, but the book was definitely a lot more intense and dramatic. If I had to break it down, I would say it was 75% drama and 25% comedy. Even though I was disappointed in the overall tone of the book, the stories did keep my interest. This is a short book that has a lot to offer a reader, but for me, it just didn't amuse me as much as I anticipated.

---