



Green Living: The E Magazine Handbook for Living Lightly on the Earth

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Knowledge of environmental issues and sustainability is increasingly important as industrialization and climate change continue to wreak havoc on our ecosystems and our psyche. As temperatures rise--and icecaps shrink and storms lash our coastal areas into oblivion--being smart about carbon footprints, waste streams and consumer choices becomes increasingly important for all of us.

Green Living, from the award-winning editors of *E: The Environmental Magazine*, offers a thorough, step-by-step plan for every making aspect of your life earth-friendly, from the laundry room to the kitchen: - Maintaining a healthy home

-Going organic and avoiding genetically modified food

-Finding a planet-friendly car

-Making socially responsible investments

-Using personal-care products free of damaging chemicals

With advice on everything from planet-friendly cosmetics to home-based renewable energy, and straight talk on hemp, hybrids and hair dye, *Green Living* is the ideal reference for both the neophyte and the experienced environmentalist.

Green Living: The E Magazine Handbook for Living Lightly on the Earth Details

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Author : E Magazine

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Jessica Zu says

I love the section about green investing. That's my weakest aspect of knowledge. I guess I'll learn from this book, and little by little, I will get better at it. This is a book worth reading over and over again, just to remind me to become greener every day :)

Kh Luvsanjamts says

nothing

Karen says

Lots of useful information that applies to everyday life. Each chapter pertains to a different aspect of life. So while the children section didn't apply to me, the pet section gave me lots of food for thought!

Brooke says

Scared the crap out of me. Do you realize all the cancer-causing agents in practically EVERYTHING we come in contact with? Quite the education.

Lauren says

While there are some helpful tips and suggestions, I did not feel that the book really contributed anything new or groundbreaking. However, I could see it being a useful tool for someone who doesn't know that much about environmentally-friendly living and sustainability.

Tamara says

Besides the fact that I am now convinced that I know everything there is to know about "going green", this book was too text heavy. Getting people to go green means you have to make it as simple as possible, and reading this extremely long book with no pictures or bullet points is not simple.

Brandie says

Good book. Lots of good tips and info. Some of the stats shocked me and a great book (I think) to read if you are just trying to be more green or become even more green than you are

Sunday says

On page 13, they list the top ten contaminated foods, including meatloaf. That's a recipe, not an ingredient, so I'm feeling a bit shady about their research. They cite the Organic Trade Association. Maybe I'll look that up. I'm going to stop reading it.

Alison says

A very interesting book about living life greener. From baby and kids products to vehicles, from housing to investments and charities, this book is fourteen chapters of tips and ideas for living a life that is better for the health of us and the planet.

Melissa says

Overwhelming. Certainly could be better laid-out to make the tips seem more feasible and the information more memorable.

Tracy says

a little boring, but a good resource. kind of annoying, though, sometimes.
