



Magic of Food

Scott Cunningham

[Download now](#)

[Read Online](#) 

Magic of Food

Scott Cunningham

Magic of Food Scott Cunningham

Change any area of your life when you select food for its magical energy and eat it with a specific goal in mind. This is Food Magic, and it's served up here in spoonfuls of lore and fact that make trying it as much fun as eating. You'll see mushrooms in a clearer light after experiencing their intuitive-raising effects, and a bunch of celery will resonate with new meaning as it boosts both sexual desire and psychic awareness.

Magic of Food Details

Date : Published January 1st 1951 by Llewellyn Publications

ISBN : 9781567181975

Author : Scott Cunningham

Format : Paperback 380 pages

Genre : Religion, Wicca, Paganism, Nonfiction, Food and Drink, Food, Spirituality, Reference, Research, Cookbooks, Cooking

 [Download Magic of Food ...pdf](#)

 [Read Online Magic of Food ...pdf](#)

Download and Read Free Online Magic of Food Scott Cunningham

From Reader Review Magic of Food for online ebook

Cora says

I love Scott Cunningham's work, and this is no exception. A great resource for a green/hedge/kitchen witch!

Rainbow Jaguar says

A fun read. I'm not a new ager, but I enjoy reading the descriptions of the herbs, fruits, veggies, and other foods in this book.

Erika says

i have many S. Cunningham books and i have my two faves up.

Anelie says

The only difficulty I had with the book is some of the evidence he used for his conclusions. Some of the study sizes were really small. This is a good book if you are interested in changing your diet away from the SAD. You can take the general recommendations without necessarily adhering to all of the details.
