



La curación cuántica

Frank J. Kinslow

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¿Te gustaría ser capaz de curar una jaqueca, un dolor de espalda, de estómago, las molestias premenstruales, la ansiedad o la depresión en pocos minutos mientras al mismo tiempo te curas a ti mismo? “La curación cuántica” es una guía que te enseñará paso a paso el proceso del Quantum Entrainment, con el que aprenderás a curar cualquier dolor físico o emocional en pocos minutos se trata de un proceso fácil y agradable de realizar, que no requiere ningún tipo de entrenamiento previo. No es la curación energética tradicional, sino que está basada en un despertar de la conciencia. Tanto las personas que realizan Quantum Entrainment como su compañero experimentarán un agradable presencia curativa a medida que el proceso se va desarrollando.¿No sería maravilloso ser capaz de curar un problema simplemente siendo consciente de él? Más que un libro, “La curación cuántica” es una guía práctica que, recogiendo un conocimiento procedente de una época anterior a Moisés y a Buda, cambiarán tu vida...¡en un momento!. Finalmente tenemos a nuestra disposición un sistema fácil para curar al cuerpo y al alma y para mantenernos

La curacio?n cua?ntica Details

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From Reader Review La curacio?n cua?ntica for online ebook

Iona Stewart says

This book is an exciting introduction to a new form of healing called Quantum Entrainment. The book exceeded my expectations and this type of healing seems to me to be a simple method appropriate to the times we live in, when everything seems to be Quantum this or that. (Not that I really understand what the word “Quantum” implies.)

The book is clearly and simply expressed, i.e. it is well written. The author has a sense of humour, and he is clearly a person of advanced spiritual development.

The method consists of healing by the power of awareness. We don't have to “do” anything, just become aware and focus on the person, being, or even object, to be healed. The method can apparently be used to heal anybody or anything. We ourselves benefit from the healings too. We can heal others using direct contact to the “partners”, as the writer terms them, or by means of distant healing.

First we learn the “pure awareness technique”. To do this we download a meditation from Kinslow's quantum entrainment web site. Through this meditation we learn the “technique” once and for all. You don't need to do the meditation again.

When we find a “partner” to be healed, we set the intention of healing whatever the complaint is, then carry out the basic technique. This consists of placing a finger on a tight muscle of your “partner”, focusing on this, then placing another finger nearby on his/her body, then focusing on both of these at once. Then you do the awareness technique, which results in a “Eufeeeling”, a feeling of quietness, peace, or euphoria. In a few minutes the muscle will soften and the healing will be completed.

You can use QE on both physical or emotional/psychological/mental conditions.

You will need to use extended QE on those with chronic ailments. This means a healing of about an hour at a time. The author describes a healing of one seriously ill with cancer.

We can heal ourselves and we can use remote/distant healing, i.e. heal those not physically present.

The author sees the method as a means to gradually heal the world. When you practice it, “your soothing influence instantly radiates outward to help heal the ills of us all”.

My only complaint is that more space could have been devoted to healing ourselves and to distant/remote healing. However, since I am used to administering remote Reiki healings, I quickly found out how to both do remote QE and healing on myself, using as a surrogate the teddy bear I use for remote Reiki healings. I've only just begun to practice the technique, and it does need practice, so it's too early to comment on its effectiveness. However, I find the technique really promising, and I do feel the “Eufeeeling” (euphoric feeling) he refers to. (Personally, when the Eufeeeling is in place, I know that it is so by a feeling of flow, though this is my own experience, and the author does not refer to this flow.)

I strongly recommend this book to those who wish to try a promising new, simple method of healing oneself and others.

Cristina E. Lozano says

Mi abuela -a la que quiero mucho- empezó a decir unas cosas muy raras esta Navidad. Me dijo que me leyera este libro a ver si así entendía algo. Lo entendí todo, menos el libro.

'Curación Cuántica' combina ideas más o menos locas que intenta hacer pasar por científicas con frases de corte motivador. Cuando se queda sin argumentos el autor espera un 'esto es así, y ya está'. Todo ello escrito con muy poca gracia y, en mi versión, algunas faltas de ortografía. Un libro superútil... Para calzar esa mesa que cojea.

Marta Stojanova says

Simple method. Perhaps this is why its efficacy is elusive to many.

Gastón says

Excelente

Te abre la mente a una nueva forma de pensar y sentir. Te hace reflexionar en como estamos actuando. Voy a poner en práctica lo que acá enseña el autor.

Gracias

Teodor Sedlarski says

:)

Tony says

According to Kinslow, Healing comes from one source--awareness. Know how to use it and you can be healed. I guess I still don't know how to use it.

Srayliji says

Excellent, simple guide to attaining Awareness, the most fundamental state, and the magic that comes with this attainment. Short and powerful. Actually, healing is just a side effect, but you can 'heal' anything in your life by this method. 5 Stars.

Dean says

Useful and completely practical little book related to a passive form of 'healing'. There's very little filler in this book, and it contains some brilliant exercises. Excellent for those interested in meditation and starting to practically work with the idea of 'awareness'. Frank's system is quite effective, and easy to learn.

L.L. says

Wreszcie co? prostego i szybkiego, nie wymagaj?cego specjalnego skupienia czy treningu (tzn. d?ugotrwa?ego) i podobno dzia?a bez wzgl?du na wiar? czy zadzia?a :)
Poza tym ksi??ka jest napisana prostym j?zykiem, lekka i momentami nawet zabawna, tak?e bardzo na plus.

Podoba mi si? te? to co autor pisze: to dzia?a te? na "rzeczy martwe". Bo tak naprawd? nie ma rzeczy martwych, przedmioty nie s? martwe - wszystko co widzimy wibruje ?yciem (elektrony, atomy - wiecie o co chodzi).

Jeszcze taki cytat:

"Gdy my?limy o przysz?ych wydarzeniach, poruszamy si? do przodu w czasie. Gdy wracamy do wspomnie?, cofamy si? w czasie. Ca?y ten ruch odbywa si? w umy?le. Nie istnieje nigdzie indziej w tym wszech?wiecie, tylko w naszym umy?le. Mimo, ?e wydaje si?, ?e jest inaczej, twój czas, twoja przysz?o?? i twoja przesz?o?? nie s? dzielone z nikim innym."
(s.99)

Nina says

Prakti?no i jednostavno...Posebno meditacija koja se mo?e na?i na webu i koju bi bilo dobro svako toliko poslu?ati i postati svjestan svjesnosti.

Vedran says

Very simple book with very powerful method of healing/problem solving described. I have a feeling that all the books should be written this way: legibly, concise and very simple to implement.

Note: the book is the first in the series. My feeling is that author did not have any reservations what so ever unlike with subsequent books.

Alison says

kindle 147

Alicia Durand says

I recently injured my back and credit this book with the speed of which I have recovered. I am grateful for the injury and the time I was give to really read, process and practice the methods mentioned and explored within this delightful book!

Maria says

Well, I read the book. Some chapters more than once. It was confusing for me and too much verbage before getting down to the real information on how to perform the healing procedure. The author, Frank Kinslow, kept mentioning how easy it all was, but his explanations were anything but easy.

I didn't find the techniques easy either, though that may be just me. I have a hard time sitting and keeping my mind quiet. So, I don't know if this healing technique works or not. I see a lot of people in other reviews claim it does miracles. I'm happy they were able to make it work for them, it just didn't for me.

*Disclaimer: I received this book from the publisher through Netgalley for free.

Cristina Strenko says

I originally bought this book thinking it was about a different healing method. I have never been more thankful for being wrong. Do not be skeptical of the 'Instant Healing' in the title of this book. Dr. Kinslow is a genius and he is not bluffing, this is instant healing. It is also the most simplest healing technique that I have ever read or studied. Once you learn this method, QE, Quantum Entrainment, you will be amazed at the miracles you witness daily!

I highly suggest after reading this that you purchase his CD/MP3 with the guided techniques which make it that much simpler to learn QE.

I also highly recommend afterwards to purchase his other books and CD's and study and practice! My life has changed - I use QE for physical and emotional pain. I have used QE on my pond, my cat and my desires with great success. Simple sweet and profound.
