

## **Becoming the Light: Realize Your True Enlightened Nature**

*Vivianne Nantel*

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## **Becoming the Light: Realize Your True Enlightened Nature** Vivianne Nantel

From untruth to truth, darkness to light, ignorance to enlightenment, this is Vivianne Nantel's journey. Intimately chronicling Vivianne's quest to overcome a battered childhood, survive depression, advanced breast cancer, and near-death experiences, along with her journey seeking in India *Becoming the Light* is more than a compelling spiritual memoir; it is a moving odyssey.

You can join the author as she walks the spiritual path with several enlightened masters such as Yogiraj Gurnath Siddhanath, His Holiness Sri Sri Ravi Shankar, His Holiness the Dalai Lama, and Vasudev Sadhguru Jaggi.

*Becoming the Light: Realize Your True Enlightened Nature* can be a gateway to unleashing your true and blissful nature. Filled with wisdom and spiritual knowledge, it is a narrative of duality and transcendence expressed in all its nuances. Vivianne shares invaluable knowledge about—

- the science of yoga
- consecration and mysticism
- the many forms of love
- transcendence in the pursuit of self-realization

Whether you are already on a journey for well-being and enlightenment or just at its threshold, may this book provide the insights, inspiration, and courage you need in order to find your way.

## **Becoming the Light: Realize Your True Enlightened Nature Details**


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Author : Vivianne Nantel

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## **From Reader Review Becoming the Light: Realize Your True Enlightened Nature for online ebook**

### **Chezarey says**

Overall, good. I really enjoyed the first 1/4 of the book. I personally related to a lot of this and a lot of this resonated deep within my heart and mind. Toward the middle/end of the book there is a chapter that basically repeats itself over and over, with different wording, which I found exhausting. There are parts of the book which come across as shaming the reader and extremely preachy with wording such as "must" "need" rather than "should" "could" or something similar.

There are a lot of great chapters and explanations for unexplained experiences that, again, resonated with my being. Very interesting read and I do recommend it, if you're open minded.

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### **Rose says**

This is a beautiful book. The journey of this author is one I can relate to myself. It was written beautifully. It will help anyone on a spiritual journey.

I would like to thank Netgalley and the publisher for providing me with a review copy in exchange for my honest and unbiased opinion of it.

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### **Brie McGirr Proofreading says**

Anyone interested in enlightenment should definitely check this book out, it's great!

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### **Louis says**

I got this book for free via a giveaway, but now that I have read it, I would definitely buy it. The author's story is amazing and inspiring. I find it easier to read books on spiritual growth that contain stories from the author's life. This is why Autobiography of a Yogi resonated with me years ago when I first read it. If you are interested in spiritual growth, this is a must read!

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### **Jackie says**

#### **Not my cup of tea**

Well written. Honest. Through the best of times and the worst of times this woman has been knocked down and gotten back up. The topic of the book doesn't suit my personal interests. As much as I like learning the beliefs, customs, and traditions of different faiths as a whole. One person's journey doesn't get my motor running, so don't take the low star count into consideration if that does not apply to you. Giveaway win

## **Toni Wittus says**

This was an inspirational and thought provoking book.

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## **Janie says**

I won this book on a giveaway. This book was just ok for me. I am a fan of spiritual journey books but this book seemed a bit redundant. It is the author's memoir and is a very sweet story about her journey.

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## **Ness says**

Goodreads Giveaway Competition

It has been a while since I have read a memoir, and this one is unlike any other memoir I have read before. It was fascinating to read of her spiritual experiences and of her travel adventures in India.

Reading about the ups and downs of Vivianne's life was hard at times, so much pain and suffering and illness after illness. The resilience of her human spirit really shone through. I admired her courage to do something about the poor treatment of stray dogs/animals in India. I have heard from others of the juxtaposition of the magnificent Taj Mahal and the poverty surrounding it.

It took me a while to read this I'm not going to lie. I don't think I was in the right frame of mind when I started reading it, and when it got too heavy I found myself just taking a break from reading altogether.

I sometimes got overwhelmed/confused with all the spiritual practice jargon, but I understand why she included it - for seekers who are on their own spiritual path. She provides lengthy background passages and quotes from spiritual leaders.

It's part memoir, part textbook and call to action.

Everyone wake up. We are all connected.

Everyone's spiritual journey is different.

Take care of the environment.

Treat every being with love and compassion.

Thank you Vivi for sharing your personal journey.

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## **Mary says**

Well written and honest read

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