



Ten Life Changing Lessons

Winsome Campbell-Green

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Ten Life Changing Lessons is a unique and powerful book, which outlines ten effective methods, to create immediate, dramatic and lasting changes in most aspects of your life. Written from the author's personal perspective and experiences, with a deep sense of openness and honesty, the book provides numerous guidelines for the transformation of various relationships, professional life, and some critical essentials to personal happiness. Focusing on the simple actions that make change possible, Winsome Campbell-Green masterfully describes her own perceptions and experiences, while inviting the reader to examine how each lesson resonate with his or her own life. This book is recommended for anyone looking to change their thoughts and lives in order to make better life choices.

Ten Life Changing Lessons Details

Date : Published October 7th 2012 by Amazon Kindle

ISBN :

Author : Winsome Campbell-Green

Format : Kindle Edition 55 pages

Genre : Self Help, Business, Spirituality

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From Reader Review Ten Life Changing Lessons for online ebook

Tom Evans says

The brevity of this book is its strength. In these hectic times, reading books can be a bit of an indulgent luxury - perhaps only done on holidays.

Well this book will not take much of your time to read. It can be read on a single commute to work on your Kindle, iPhone or iPad. It will however stay with you for a long time.

The 10 lessons are short, sweet and to the point. They are easily digestible and also lessons we can often forget.

Big thanks for bringing them to the front of my mind :-)

Jessica Kong says

Advice comes in many forms. This time it comes in a book entitled, "Ten Life Changing Lessons" written by Winsome Campbell-Green. This compact book delivers a great message, which is why I feel it deserves high stars. For anyone filled with self-doubt, lack of confidence or someone who needs a serious pep talk from time to time, this little book is the perfect item to keep with you as a personal motivator.

Vesela Tabakova says

I am so grateful I found this book exactly when I needed motivation and a reminder that "Life is about learning but most of all, living the experience".

Reading this amazing guide I felt re-energised and reminded not to give up on my dreams, because as the author says "there are no failures only setbacks". I liked the honesty and passion of the author and I appreciate very much these valuable lessons. My favorite one is "Learn to listen to your own inner voice, and to quiet the voices of others"

Ten Life Changing Lessons is full of sound advice and words of wisdom and I highly recommend it to anyone who is filled with self-doubt, lack of confidence or just needs re-inspiring and even encouragement for the day.

Kathleen Pooler says

When I read Winsome Campbell-Green's book, Ten Life Changing Lessons, I felt like I was listening to a trusted friend who was trying to help me by sharing her life lessons. In concise and effective language, she lists ten specific lessons, one per chapter, offering insights and tangible methods to deal with universal challenges. At the end of each chapter she poses thought-provoking questions to ponder about the reader's own life experiences. Her own personal life experiences serve to reinforce these life lessons related to forgiveness, confidence, taking responsibility for choices, trusting your instincts, being objective, the power of positive thinking, visualization, good intentions, protecting your ideas and gratitude. She provides practical ways for incorporating these lessons into your own life. This no-nonsense, inspirational guidebook

serves as a prompt for anyone wishing to increase self-awareness by applying these ten lessons to their own lives. She delivers a short but powerful message about taking responsibility for our own happiness.

Catherine Brown says

Basic but good advice

I didn't read every word but it is worth skimming...had some good examples. Nothing bad about it. Just basic stuff.

Karen Ingalls says

An inspirational book with wonderful advice and informative lessons. A must read for anyone!

Winsome Campbell-Green says

Loving These Reviews!

5.0 out of 5 stars Extensive, Exclusive, Therapeutic and Insightful Work., October 21, 2012

By Ellie Williams "ELLie" (South Wales) - See all my reviews

This review is from: Ten Life Changing Lessons (Kindle Edition)

My Review:

10/10.

At least 80% of the Worlds population needs to read these inspiring lessons and learn, grow and aspire to be better people.

These 10 impressive, pursuable and encouraging truths can and will animate stability in the lives of many who need this uplifting. Or maybe you don't, that is not the point. The point being that, even the most well adjusted human-being could do with reading, re-evaluating and repositioning in their everyday life at one point or another. I believe these 10 lessons in question can and do hold the key to some powerful learning and changing. A lover of life, of people and the faith and hope that one day we can all overcome even this; our worst state, change happens and begins with yourself.

I especially liked the introduction Winsome conducted by giving a personal letter to those who mean to read her work. I found that exclusive and privy, I felt that everything she wrote was personally for me, like I had her undivided attention!. I felt included and a sensed a genuine help rather than your common helpers with their condescending tones and repetitive misuse of words like "Yes," "Sure," "I understand!" haha!.

Winsome has been there. She does understand, she lives by her own philosophy, she genuinely wants to help and I felt all of this while reading her work.

I believe you don't have to be down or depressed in order to consider Winsome's work. You might just want to read them through careful consideration, re-inspiring or even encouragement for the day. Everyone does it, either you use a certain song, or recite your favourite poem, see a person in particular, go outside and sit in the garden, whatever your normal chase for happiness and encouragement, I think Winsome has all of that in here.

And also an added bonus to my score was that; at the beginning of each lesson I personally like how she uses quotations from other Author's/ Philosophers/ Scientists/ etc..

I myself dabble in these types of actions, these being my chase of encouragement and explanations to situations I deal with through my day to day life. And I too believe that sometimes, not all the time, but sometimes there isn't a right or wrong answer, there isn't a reason for everything and sometimes just taking a step back and accepting what has happened, works as well.

Thank you :)

5.0 out of 5 stars 10 powerful nuggets of wisdom packed into a short book, October 21, 2012

By Vidya Sury - See all my reviews

This review is from: Ten Life Changing Lessons (Kindle Edition)

In her book "Ten Life Changing Lessons", the author Winsome Campbell-Green has skilfully encapsulated ten powerful life lessons in an easy to digest short book that can help the reader lead a meaningful life. With engaging yet relevant examples, this book is a wonderful read, written in easy to follow language. Not only does the author describe why and what you should do, but also how you should do it with tips, dos and don'ts.

A short, sweet and very inspiring book with excellent words of wisdom presented in a simple and refreshing way. A great addition to your bookshelf, if you would like a gentle nudge of motivation from time to time. I would print the ten life changing lessons and put up the list where I can see it every day.

2 of 2 people found the following review helpful

5.0 out of 5 stars One's Higher Purpose, October 16, 2012

By I. Bachelor - See all my reviews

This review is from: Ten Life Changing Lessons (Kindle Edition)

A very concise and profound message has been conveyed by Ms. Campbell-Green in Ten Life Changing Lessons. Her honesty, candidness and passion is readily displayed in this work. This book is a guideline on how to live one's higher purpose, one step at a time, one day at a time, and most importantly, how to have fun throughout the journey. A great read!

2 of 2 people found the following review helpful

5.0 out of 5 stars Short but profound, October 12, 2012

By Mark Rogers "Author" (Texas) - See all my reviews

This review is from: Ten Life Changing Lessons (Kindle Edition)

Simple easy to understand language. I will be providing this to my step-daughter so maybe she can change her life. She could learn so much from this. I agree with the author and have lived by most of these simple life lessons but have not taken time to think about them or articulate them. It would be great if everyone could live by these lessons. We would all be a whole lot happier.

2 of 2 people found the following review helpful

5.0 out of 5 stars Personal Motivator, October 11, 2012

By J. Kong "Galaxy Rider" - See all my reviews

(REAL NAME)

This review is from: Ten Life Changing Lessons (Kindle Edition)

Advice comes in many forms. This time it comes in a book entitled, "Ten Life Changing Lessons" written by Winsome Campbell-Green. This compact book delivers a great message, which is why I feel it deserves high stars. For anyone filled with self-doubt, lack of confidence or someone who needs a serious pep talk from time to time, this little book is the perfect item to keep with you as a personal motivator.

2 of 2 people found the following review helpful(Amazon UK)

5.0 out of 5 stars Lesson 11 - Small is Beautiful 10 Oct 2012

By Tom Evans

Format:Kindle Edition|Amazon Verified Purchase

The brevity of this book is its strength. these hectic times, reading books can be a bit of an indulgent luxury - perhaps only done on holidays.

Well this book will not take much of your time to read. It can be read on a single commute to work on your Kindle, iPhone or iPad. It will however stay with you for a long time.

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Marquita Herald says

Please don't be misled by the size of this book - Ten Life Changing Lessons wastes no time getting right to the point of each valuable life lesson. The author shares some of her own touching experiences with each lesson, and includes insightful questions for the reader to answer at the end of each section. For me the message in this book, as well as the approach to life by the author, is an excellent example of the power of resilience to not merely help us overcome adversity, but bounce back stronger than ever. I would say this book is not one you'll want to read and file away - but rather refer to time and again. I am happy to recommend Ten Life Changing Lessons
