



# Full Strength

*Katie Kenyhercz*

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After a bum knee ended her soccer days, Alexandra—Allie—Kallen has dedicated her life to helping injured athletes cope and get back in the game. As the new team sports psychologist of the Las Vegas Sinners, she starts out with just one player, but he's a handful. Goalies are stubborn, and she would know. She's determined to figure him out and return him to the net good as new, especially after she sent her last patient back to the ice too soon. The problem is, she sees so much of herself in Shane, and their chemistry is off the charts. Falling for him isn't in the plan. Is love worth losing her career?

Shane Reese's entire identity has been wrapped up in being a goalie since he was five years old. When he gets a high ankle sprain right before playoffs, he doesn't exactly take it well. After putting his fist through the physical therapy room wall and hitting a few joking teammates, he's ordered to see the new shrink. All he has to do is convince her he's seen the light, and he can get back to defending his team as soon as his ankle heals. The problem is, she sees through him like no one he's ever met, and the more time he spends with her, the less hot he is to get back to the ice. Could something mean more than hockey?

## Full Strength Details

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Author : Katie Kenyhercz

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## From Reader Review Full Strength for online ebook

### **Tpagirl says**

Excellent Read! Full Strength detailed the ethical and professional conflict of a developing relationship between a patient and client for an NHL team, the Las Vegas Sinners. Kenyhercz did an exemplary job providing an accurate, well developed, in-depth story line with a realistic conflict and practical solution.

The story wasn't too far off from the first in the series, On The Fly. Yet this time the story was between the star goalie, Shane Reese and the team psychologist, Allie Kallen....and it worked for me. Both were strong, likable characters with a great sense of humor. Comprehensive insight was provided allowing us inside the head of each one for both past and present. Although we were given a glimpse of additional characters from both the team and family, I would have preferred additional depth with the supporting characters.

Full Strength also provided an authentic perspective of professional hockey as a game as well as the team dynamics. The camaraderie, brotherhood and superstitious nuances added both substance and humor to the story line. Accurate involvement is an important aspect to me when reading a sports romance novel.

Lastly, I preferred an epilogue or some type of ending with final thoughts from either Reese or Kally versus an abrupt end. Hopefully we'll see more of that in future books within the series. All in all, I thoroughly enjoyed it and it was a great read.

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### **Tiffany says**

Reviewed on Behalf of Give Me Books

Full Strength is the second in the Las Vegas Sinners series. While I enjoyed the first book, On the Fly, I absolutely loved this book! This books focused on Shane Reese, the goalie, and Allie "Kally" Kallan, the new sports psychologist for the team. We watched as the dancers, Shane, and eventually the entire hockey team opened up to Allie and made her one of their own.

I really liked this book more than the first because of the relationship between Shane and Allie as well as all of the secondary characters. The addition of Shane's sister, Saralynn, and Mac, Allie's best friend, made the story more realistic. This one also focused more on the hockey aspect which is one of the only sports I watch thanks to my husband. I liked how we got to see more of the team as well as follow the continuation of Carter and Jacey from the first book. I can't to see what else Katie brings us from the Las Vegas Sinners! (4.5 stars)

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### **Starla says**

“I received a copy of this book in exchange for an honest review” I loved Allie and Reece. They were such great characters, both going through so much but still being such kind caring people. Allie took a life altering injury and turned it into a career. Reece was still working on what he would learn from his injury which made for an interesting dynamic between the two of them. I really enjoyed the balance of outside influence and the connection between the two of them. I am trying to carefully choose what to say because I do not

want to spoil the experience for other readers. This is a wonderful story with a happy ending for two special characters. This is my first book by Katie Kenyhercz but I will be looking for more of her books in the future. You do not have to love sports to enjoy this book but if you do it is that much more special.

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## **Cocktails and Books says**

This review was originally posted on Cocktails and Books

This is the second book in the Las Vegas Sinners series and each one is a stand-alone. This story centers on Dr. Allie Kallen and goalie Shane Reese. After finishing her degree, Allie is hired as the sports psychologist for the Las Vegas Sinners hockey team. The first person they want her to work with is Shane Reese, the team's goalie. He is recovering from an injury and worries about his career coming to an end and is lashing out at everyone. From the moment Allie and Shane meet, the chemistry zings between them and Shane continually tries to convince Allie to go out with him. However, employees of the team are not allowed to date the players and Allie is afraid of ruining her career and losing her job if she sees Shane outside of work.

It is easy to like Shane. He is a nice guy and he is attracted to Allie from the moment he meets her. He makes her feel special and lets her to know he cares about her. Shane has a lot on his mind and he worries about all the changes taking place in his life and it is affecting his game. Allie wants to help him, but he is uncomfortable opening up and sharing his feelings with a shrink. In fact, none of the guys on the team want to talk to Allie, because they think it is a sign of weakness. I admire Allie's hard work and determination and how she never lets the team's attitude get her down. This is a sweet hockey romance and Shane and Allie have a lot of chemistry together. My only problem with the book was the ending. Yes it is a HEA, but it didn't seem realistic. I enjoyed this book as much as the first book in the series and can't wait to read WINNING STREAK.

*Reviewer information can be found under the Tags section of the post on our site.*

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## **Jenny Dauksa Schaber says**

This is the first book of Katie's that I've read, and I enjoyed it very much! I've always been athletic, so I had even more relatability to the characters than I expected. Reese has an injury and is forced into therapy by the team owner. He wasn't expecting the team's therapist to be his own age with an attraction that short circuited his brain. He's had an extremely difficult year, and it's Allie's job to get him back into the playing mindset. She's got her work cut out for her, but seeing as they played the same position in similar sports - Reese lets his guard down a little more than he was anticipating. Allie's injury was career ending, but that gives her additional insight into how players react to injury and not being able to play. It was fun watching their banter while both in session and out. I love seeing men nervous to ask a strong woman out on a date. There was debate because the relationship is "technically" taboo - doctor/patient. That actually plays a very large part of the story line. I liked that the hockey lingo and the game scenes weren't too technical so anyone could follow it easily. If you're looking for a relaxing and fun sports read, give this a click. I don't think you'd be disappointed.

I received a copy of this book in exchange for an honest review.

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## **Tara says**

Katie Kenyhercz knows how to write chemistry. Having fallen in love with her characters in *On the Fly*, I can't tell you how impatiently I waited for the next in the Las Vegas Sinners series. She did not disappoint.

Allie and Shane are wonderful together and aching when apart, even if what they feel for each other brushes uncomfortably close to unethical and inappropriate. But the beauty of their situation is in helping the injured goalie get his head back in the game, the sports therapist's confidence in her own professional abilities is restored. You can't help but pull hard for them to find a solution to the obstacles in their way because they truly belong together.

Full Strength is a winner.

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## **Renes Getaway says**

*On the Fly* by Katie Kenyhercz is a prequel to this book but either book could be read and enjoyed alone. However, being an avid reader all my life I know very well that anytime we enjoy an author's work and know that the author has other books out there with the same cast of characters, we always want to read them all, so I would suggest reading *On the Fly* first as that is the timeline for the story. Like book one this novel is also a romance and revolves around the same hockey team and owners as the first book and also takes place in Las Vegas.

But in book two we meet a new addition to the staff as well as get to know expanded family members and friends of some of the characters and a more in depth acquaintance with some of the team members from book one, while the leading characters from the first book play a more minor role.

The newest employee is Allie Kallen, a psychologist who specializes in treating athletes who are dealing with injuries that require prolonged healing time and the impact on their psychological adjustment to the slow recovery or limited activity, as well as recognizing and treating any other issues a team player may be dealing with—perhaps insecurity about being re-injured when they return to play or rejection by other team members if their injury or prolonged absence is causing a negative effect on the team's performance. It was a decision made by Jacey, who we learned in book one inherited this team from her father and had to face a lot of criticism for basically being a female team owner in good old boy territory. Every decision she made was scrutinized in great detail by the national board of professional hockey team owners, almost as if they were hoping she would fail. One of those decisions was hiring a female to coach the all male team. Now she has done it again by hiring a young, attractive, unmarried female psychologist to work with her team.

Please visit [www.renesgetaway.blogspot.com](http://www.renesgetaway.blogspot.com) for the full review plus many other great reviews!

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## **Sassy Moms Say Read Romance says**

### **Sarah's Review**

Thank you to Katie for reaching out for a review for another one of her books, *On The Fly*. As soon as I found out it was a hockey romance, I pounced and then was offered this one as well. I enjoyed this one as much as I enjoyed the other one.

We met Shane Reese, Reese as he is called, in *On The Fly* since is Carter's best friend and goalie of the Sinners. At the beginning of this story, we find out that Reese was injured and was required to meet with the team psychologist. Boy, to say he isn't happy is an understatement. That is until he meets Dr. Kallen.

Dr. Allie Kallen moved to Vegas to work with the Sinners after her own sport injury to give back in a way that only someone who experienced a sport career ending injury can. At first, Allie is wondering if she made a mistake moving to Vegas but she begins to help the dance team and Reese. She knows that there is something Reese is repressing but she isn't sure what since she had experienced an injury as well. When she realizes that there is something he is unaware of, she goes looking for the tape from when he was injured. She is able to pinpoint something that she is sure Reese isn't aware of.

Reese and Allie were not prepared for the level of attraction that they have for each other and that leads to professional problems for both of them. However, they seem to find a way to respect the professional and personal aspects until one picture could ruin the whole thing.

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## 1-Click Addict Support Group says

*Full Strength* is the second in the *Las Vegas Sinners* series. While I enjoyed the first book, *On the Fly*, I absolutely loved this book! This book focused on Shane Reese, the goalie, and Allie "Kally" Kallan, the new sports psychologist for the team. We watched as the dancers, Shane, and eventually the entire hockey team opened up to Allie and made her one of their own.

I really liked this book more than the first because of the relationship between Shane and Allie, as well as all of the secondary characters. The addition of Shane's sister, Saralynn, and Mac, Allie's best friend, made the story more realistic.

This one also focused more on the hockey aspect which is one of the only sports I watch thanks to my husband. I liked how we got to see more of the team as well as follow the continuation of Carter and Jacey from the first book. I can't to see what else Katie brings us from the *Las Vegas Sinners*! ~ Tiffany, 4.5 stars

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## Lori says

Find this review and more at [Lusty Penguin Reviews!](#)

Katie Kenyhercz scores again with *Full Strength*, a hockey romance and the second book in the *Las Vegas Sinners* series. Kenyhercz has a graceful writing style that always draws me into her stories.

Sports psychologist Dr. Alexandra "Allie" Kallen lands the job of her dreams with the *Las Vegas Sinners*. Allie's first patient is team goalie Shane Reese, who management is forcing to see her. Reese's high ankle sprain compounds issues he was having before the injury: retirement of a teammate and fears of being traded. Management wants to make sure his head is clear before he is able to return to the ice. Allie is a sympathetic therapist since she suffered a torn ACL, which ended her soccer career. During their therapy session, you can't help but feel the chemistry that sizzles between them. Thankfully, their relationship doesn't really take off until Shane is cleared to return to the ice, which I was very happy about. Allie and Reese's dates are thoroughly enjoyable as they get to know each other only to truly discover that they share the same interests—hockey, Xbox, and beer. Allie is a smart and caring character who struggles with her

relationship with Reese, which endeared her character to me. Allie's fear for her career is well founded, and I felt the author treated her concerns in a realistic way. Even with his good looks and broad shoulders, Reese is a softhearted character, which he charmingly illustrates with his apology to Allie after he goes off on her during a therapy session. Reese's volunteer work only adds to his leading man status. When the two finally succumb to their desire for each other, their bedroom play is hot and satisfying. Without giving too much away, I absolutely love how Kenyhercz resolves Allie's choice between her career and her man, which really fits with the unconventional way the Las Vegas Sinners handle controversy.

Another aspect I adored is Allie's relationship with Dana "Mac" Sickavish, a friend from college. Their witty banter provides many laugh-out-loud moments. I delighted in Mac's ability to push Allie's buttons through pep talks and how she dares Allie to follow her heart for once and not her head.

Charismatic characters, engaging hockey action, and the perfect romantic ending make Full Strength a delightfully wonderful read. Future books in this series can't come soon enough.

I received an eBook copy of the book for the purpose of an honest review. I was not compensated for this review, and all conclusions are my own responsibility.

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### **Chu says**

I love the fact that this one is a part of a series, but can be read as a stand-alone.

Her injury had stopped her from playing soccer. Since then, Alexandra Kallen had put all her passion into helping athletes cope with their injury and get back into the game. Being a sports psychologist in the team proved to be a bit of a challenge, especially when she was handed a stubborn player. But she was up for a challenge, and this time there was no room for mistake. She had done it once, and she wasn't going to do it again. But then, there's this chemistry that is brewing between them. Is he worth the risk of losing her career?

More than just the ankle injury, Shane Reese's has a lot more issues on his plate. It just put more gas on the flames. Playoffs is coming, and he wasn't yet allowed to get on the ice. After causing some havoc in physical therapy and some teammates, he was forced to see the new shrink. All he has to do was to convince her he was fine. Problem is, this woman sees right through him. The more he spends time with her, the dangerous it got for his heart.

I like the chemistry between two characters, and the individual issues Katie had given them. For Shane, it was his ankle injury, and the changes in his life, and for Kally, it was more of the acceptance of the team. Being a shrink is not an easy job, especially when a stigma is attached to every person who knocks in their doors. At first, they tried to fight it, ethics and all - but with chemistry of this magnitude, a whole rink of ice would sizzle. They were meant for each other! I'm glad they have worked it out with each other's help.

I had so much fun reading. This is my first Katie Kenyhercz book, and this wouldn't be my last.

\*ARC COPY GIVEN IN EXCHANGE OF AN HONEST REVIEW\*

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### **Mackenzie says**

I really liked *On the Fly* so I was excited to see a sequel out. *Full Strength* is about Shane Reese (the Sinners' goalie and Phylann's best friend) and the new team psychologist, Allie Kallen. Phylann and Jaycie make a few appearances but mostly stay in the background of the story. When I read *On the Fly*, I felt like it only had one major flaw, the excessively brief conclusion. This book remedies that because we get a glimpse at Jaycie and Phylann's life after a year and all seems solid. It also, has a satisfying end for Reese and Allie, so all was good on that front. One minor almost flaw that *On the Fly* had was that some of the characters were on the fence between developed and underdeveloped. This book had a similar issue but, as with *On the Fly*, I decided that the character development was good enough to call it a forgivable flaw. The only thing that bugged me enough to lose stars was that there were times when the story dragged on a bit and the progress was slow. During those bits, I didn't mind putting my Kindle down for a while. Even so, I would recommend *Full Strength* and will read any other Las Vegas Sinners series books.

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### **Yazmin says**

In *Full Strength* by Katie Kenyhercz, Alexandra Kallen has dedicated herself to helping injured athletes cope with their injuries and get back in the game. Since she used to play soccer in college, she knows what an injury can do to an athlete and personally knows how an injury can affect them both physically and psychologically. She hopes that as the new team psychologist for the Las Vegas Sinners she'll be able to help them. But being accepted and seen by the players voluntarily is not easy, so she starts with one player who has been injured and needs her approval before he will go back to play, but he is a handful and definitely not as open to seeing her as she is to seeing him.

Shane Reese is definitely not happy with his situation. Not only did he get a high ankle sprain right before the playoffs, after a few of his teammates were joking about it his anger got the better of him. Resulting with him putting his fist through the wall and on some of his teammates as well. [Read More...](#)

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### **Jonel Boyko says**

This author wrote a novel that will definitely steal your heart. She takes the real world and wraps it around her character, using what we know about 'adult Disney Land' as the basis for what she puts her characters through. This novel definitely made me look at organized sports in a different way. And even though this one is part of a series, it can easily be read as a standalone novel.

I quite enjoyed the characters in this novel. They fit into the stereotypes associated with their positions in life and society, yet always with a twist. As a reader you also get to know them quite well as individuals. I couldn't help but wonder how things could possibly work out for them while hoping that they would. Oh, and the characters say some of the most ridiculous things in this novel. Just like real life. I couldn't help but laugh.

I definitely enjoyed reading this novel and would recommend it to others. It may have been my first foray into this author's writing, but I plan to read more in the future.

Please note that I received a complimentary copy of this work in exchange for an honest review.

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## Downward dog says

<http://www.cocktailsandbooks.com/>

I was given a copy of this book to write an honest review for Cocktails and Books.

This is the second book in the Las Vegas Sinners series and each one is a stand-alone. This story centers on Dr. Allie Kallen and goalie Shane Reese. After finishing her degree, Allie is hired as the sports psychologist for the Las Vegas Sinners hockey team. The first person they want her to work with is Shane Reese, the team's goalie. He is recovering from an injury and worries about his career coming to an end and is lashing out at everyone. From the moment Allie and Shane meet, the chemistry zings between them and Shane continually tries to convince Allie to go out with him. However, employees of the team are not allowed to date the players and Allie is afraid of ruining her career and losing her job if she sees Shane outside of work. It is easy to like Shane. He is a nice guy and he is attracted to Allie from the moment he meets her. He makes her feel special and lets her to know he cares about her. Shane has a lot on his mind and he worries about all the changes taking place in his life and it is affecting his game. Allie wants to help him, but he is uncomfortable opening up and sharing his feelings with a shrink. In fact, none of the guys on the team want to talk to Allie, because they think it is a sign of weakness. I admire Allie's hard work and determination and how she never lets the team's attitude get her down. This is a sweet hockey romance and Shane and Allie have a lot of chemistry together. My only problem with the book was the ending. Yes it is a HEA, but it didn't seem realistic. I enjoyed this book as much as the first book in the series and can't wait to read WINNING STREAK.

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