



The Perfect Distraction

Melissa Rolka

[Download now](#)

[Read Online](#) ➔

The Perfect Distraction

Melissa Rolka

The Perfect Distraction Melissa Rolka

When Katherine “Kate” leaves for her freshmen year at college, a grounded and stable piece of her is missing. She pushes away the ghosts of her past, determined to start her college life single, carefree and distracted.

Throughout high school Kate was reserved and shy, with little experience. Now, on her own, with little holding her back, Kate is ready to branch out. She bonds with a tight knit group of friends and even starts casually dating. What starts out as innocent flirting on the tennis courts slowly turns into a friendship and eventually something more complex. Reed comes into her life giving her the distraction she craves more than anything; but is she ready to give her heart away so easily?

Things get complicated when Kate’s ex-boyfriend and first love continues to pursue her. Kyle deeply regrets breaking her heart when he left for college the year before and is now on a mission to reclaim her. Kyle’s persistence and relentlessness is nothing short of obsessive. He will stop at nothing to win her back and prove his love.

Kate finds herself torn between her past and the unknown of the future. Her determination to stay distracted may just be her downfall or the beginning of something new and wonderful.

For Mature Readers 18+

The Perfect Distraction Details

Date : Published October 13th 2013 (first published September 28th 2013)

ISBN :

Author : Melissa Rolka

Format : 318 pages

Genre : New Adult, Romance, Academic, College

 [Download The Perfect Distraction ...pdf](#)

 [Read Online The Perfect Distraction ...pdf](#)

Download and Read Free Online The Perfect Distraction Melissa Rolka

From Reader Review The Perfect Distraction for online ebook

Michele Vaca says

This book is the perfect distraction to get away from reality and lost in the characters. As I read the book, I felt I actually knew each character, and I began to miss them once I finished the book. I can't wait to read the second book to get reacquainted with the characters again. Each chapter makes you want more, and there is some sexy scenes too. I found myself actually holding my breath at times! This is a must "Reed!!!"

Michelle Lynn says

Warning: Blues eyes aka Reed Harper is completely swoon worthy! Melissa Rolka does an outstanding job with Kate (Katherine). In The Perfect Distraction you start with Kate leaving for her freshman year at college and from that point you follow her path to new found freedom, which comes when one leaves "the nest" of their parents. New friendships are made and crushes develop within the small knit group of new friends. She has a wonderful cast of supporting characters and you never get confused on whose who, while falling in love with each one.

As Kate comes into her own, living the life of a carefree college student, she has underlying problems involving a persistent past boyfriend trying to get her back and a mom she feels deserted her. Reed's casual demeanor and subtle flirtatiousness makes the reader love him right from the start! You can't help but feel for Kate. She just wants to start her life fresh and carefree but some don't want to let her go. You will feel every emotion Kate does through Melissa's well-written novel.

I can't say much more about this story without giving anything away. Just click it and read the amazing story and characters by Melissa Rolka. You won't regret it!!!

Favorite Quote: "You can breathe Kate; I'm not going to kiss you...yet."

Given an ARC for an honest review.

Sue Kelley says

Although this might not be my usual genre I loved this book! It really caught my attention from beginning to end. Kate is on her way to college but has some family issues and her ex, Kyle, heavy on her mind. She is hoping that college will prove to be a distraction for her. Once there she finds several distractions...new friends...a couple of boys she meets....running....and tennis. Then along comes Reed...blue eyed beautiful Reed her Perfect Distraction! There are twists..turns...and surprises in this book which is why I loved it! Eagerly waiting for this new and talented writer to complete Book 2!

Abby P.Cook says

In "The Perfect Distraction" we meet the kind, caring, damaged, loving, scared, sweet, oh the list is endless, but we meet Katherine "Kate". You can not help but to fall in love with Kate! She stole my heart!

Kate, in high school was with Kyle, the boy who she thought she would spend her life with. Things don't always work out the way we plan however. Kyle decides he want to go to college single and breaks Kate's heart. On top of a broken heart Kate is also dealing with issues in her home life.

Kate decides that once she heads off to college she will push everything away and live carefree and distracted. She meets new friends, starts casually dating, and tries to move on.

While attending a party she meet the OMG Sexy as Sin, Blue eyed God that is Reed! Ok can we say SWOON!! I soooo need me a Reed!! He is just OMG Yummy!

This start out as friend with Reed and Kate but turn into Much More as time goes on, However while Kate is trying to move on in her life, her ex is still trying to take what he believes is his... Her.

This is a story that will grab you and wont let you go. It will put your heart on an emotional ride you wont forget. The things that Kate goes though just breaks your heart and you just want to help her along the way.

This book does have a cliffhanger however it is such a worthy read! It will take you in so many emotional direction it will leave your head spinning! This is a book i know I will read over and over again!

Do I recommend this book?? Is the sky Blue?? YES YES YES 1000 times Yes I recommend this book! It is totally worthy of a 5 star rating and you just HAVE to pick up this book!!

Thank you Melissa for an amazing story that had wonderful flow and great characters that where easy to connect with! Job well Done for You!!

Brooke Groelle says

****Sigh**** Loved this read. It takes me back to my college days.....except I don't recall encountering any guys like REED!!! I got sucked into this story and could NOT put it down. Melissa does a great job building up the characters while also leaving us in suspense. And for those who like a little bit of "juicy," there is plenty of that in here too! I could totally identify with the Kate character remembering all the trials and tribulations of young love.

I was very impressed with this novel - Melissa writes like a seasoned pro.... and this is her first novel. Well done! Keep up the great work. I can NOT wait to see where the story goes!!!

Cindy says

This book kept me up way past my bedtime for a few nights...I just had to find out what would happen next! The author did a great job building her characters until I wanted to be best friends Kate, have her boyfriend, and beat up her ex. It made me yearn for the carefree college years all while feeling the tender aches of growing up, young love, and family pain.

Looking forward to Kate and Reed's reunion (that will happen, right?!?)

Blushingdivasbookreviews says

Review of The Perfect Distraction

Category Blushing Reviews

The Perfect Distraction

By Melissa Rolka

Released: 9/29/2013

Amazon Link: <http://tinyurl.com/kgletck>

Facebook: <https://www.facebook.com/AuthorMeliss...>

Goodreads: <http://tinyurl.com/mfk69az>

Our Ratings:4 Stars!

For Mature Readers 18+

The Perfect Distraction lived up to its name! It will distract you from everyday life! The characters are well developed, and feel like old friends. Kate, aka Katherine, is a young woman breaking out on her own. She making a new life for herself away from everything and everyone she knows. Is she stronger than she gives herself credit for? Or will old habits grab hold of her and pull her back to a way of life that she desperately wants to leave behind her? Can she learn to forgive and let go of things that are out of her control? Will she be able to take charge of her life and live it the way she want to live? Can't wait for the second book to be released!

When Katherine "Kate" leaves for her freshmen year at college, a grounded and stable piece of her is missing. She pushes away the ghosts of her past, determined to start her college life single, carefree and distracted.

Throughout high school Kate was reserved and shy, with little experience. Now, on her own, with little holding her back, Kate is ready to branch out. She bonds with a tight knit group of friends and even starts casually dating. What starts out as innocent flirting on the tennis courts slowly turns into a friendship and eventually something more complex. Reed comes into her life giving her the distraction she craves more than anything; but is she ready to give her heart away so easily?

Things get complicated when Kate's ex-boyfriend and first love continues to pursue her. Kyle deeply regrets breaking her heart when he left for college the year before and is now on a mission to reclaim her. Kyle's persistence and relentlessness is nothing short of obsessive. He will stop at nothing to win her back and prove his love.

Kate finds herself torn between her past and the unknown of the future. Her determination to stay distracted may just be her downfall or the beginning of something new and wonderful.

Jodi says

The characters are masterfully written in this novel so you feel their emotions and get completely wrapped up in their thoughts. With every turn of the page you want more of them. The author beautifully captures friendship, love, hardship, and longing. The sexual chemistry will make your pulse quicken, while the love story melts your heart and makes you fall in love. This story is relatable with twists and turns that keep you excited and engaged throughout the entire book. I not only recommend this book, but I am confident this will be an author to watch. I am highly anticipating book 2, and look forward to her future publications.

Emma Edwards says

I started to read this book and I have struggled to put it down,,, gripped from the first page to the very last,,, cursing everyday objectives getting in my way of reading this book!!!,,, am I being serious your asking yourself,,, hell yeh,,, seriously,,, and now that I am finished,,, how I need the next one

Kate (or Katherine) is a character that you will undoubtedly fall in love with,,, wanting to grab her and pull her into a hug and then tell her that she so deserves better than she thinks

Kyle,,, OMG Kyle,,, WTF,,, this guy is a total douche,,, I just wanna reach into the book and slap him around a little (or a lot)

Then there is Reed,,, Reed,,, mmmm,,, Ok so Reed is definitely the guy that's the one you ladies wanna be looking out for,,, oh don't worry you wont miss this one that's for sure ;)

Kate has been left alone, dumped and crushed by the one guy she thought she loved and loved her in return,,, not there through a tough time in her life to support her, he was off being 'single' at college,,, only to realise that it isn't quite working out how he had planned and wants Kate

Now trying to move on with her own life and wanting to start college single herself she doesn't want to reconnect with Kyle,, he broke her,,, left her and had no contact with her,,, why should she take him back,, Hey Kyle go bury yourself balls deep into some other chick mate coz Kate doesn't want you anymore!!,,, or does she?

Kate has her new friends at college,,, she is a beautiful girl and is gaining the attention of a few of the college guys,,, but there is one that has truly caught her eye,,, Reed,,,,, but he is off limits, her friends have warned her about him, he has a number of girls interested in him, and there is no way he would ever go for a girl like Kate

Reed and Kate form a friendship although both obviously attracted to the other,,, but Kate is still being pulled back into her past with her insanely frustrating ex Kyle

Should she move on from Kyle or give him another chance??

Kate has been manipulated and degraded so often that she feels undeserving of a great future with someone that treats a woman exactly how they should be,,, conditioned into submitting to someone elses wants and desires,,, but how long can she keep it up knowing how wrong that it feels?

Before she can fully be whole she needs to find herself again,,, she is lost,,, parts of her have been selfishly taken from her,,, she needs to find Katherine again,,, continuously needing distractions to get through life is

no longer an option

Can she finally get a HEA that she deserves?? I hope so

Becky Paprota-Martindell says

I received this book as an arc for an honest review so here it is:

I am HOOKED!!

Start the music, throw the panties out and rip the bra off because Reed is a man of big blue eyes desire and I begin to wonder if any women including Katherine "Kate" is worthy of him!

This book is amazing and traumatizing all at the same time..

Lets start with Kate, she is a bit of a whiner but you love her, she needs strength and I think Reed is the man to give it to her, she has a bit of a jerk off of a ex boyfriend and she really is trying to just start a new in college and be all independent but she comes across as the girl who twist her ankle typically in the woods while running away from the Vampire.. HOWEVER, I will let out a little secret.. she comes into her own and THAT I love, I love seeing her grow and that's awesome!

The Ex- KYLE- Just hate him right now and as you read the book you will get what I am saying so don't go all swoony over him because he loves her yada yada whatever he needs to go away he is the boil on the butt of humanity and needs to be burned out!

You have the best friends like Maggie and the roommate in College like Quinn(which don't hate her she will make you love her) Maggie has a mouth and well im mouthy so that works well for me, I always love the mouthy best friends, many other friends join in..

Derek- I love this character, he kind of hangs in the back but he has that swoon worthy love about him..

Marco- oh I wish there was more of him because I think we all have a bit of a crush on him.

The guys in this book will just melt you but the best, oh the best one REED!!

REED REED REED, I will chant this over and over again, he is a blue eyed play boy at its best, but damn can the boy melt a women with one line. He is strong and stands his ground but not in that you will do it my way or I will torture you kind of way, he also melts easy and just wants to be a good guy oh sigh.. love this man!

SO peeps go one click, YES it will leave you wanting more but I know that the author is working on book 2 (I got a little taste of book 2 you are going to love it even more then book 1) DO NOT WAIT you need Reed in your life today!

Thank you for allowing me to read and be part of this series it is one not to be missed

Lindsey Melia says

I really and truly loved this book. I loved Kate from the beginning. She is going threw some things at the start involving her family but I won't say what, but it involves her mam. Kate just wants to ignore it, that's what she's good at. You'll notice that reading this book, but ignoring things can sometimes cause more harm then not. So Kate is off to college for her first year, and wants to enjoy some single life and doesn't want to think of things she's avoiding back home. Like family drama and an ex that doesn't want to stay an ex. Why you may ask? Well that's simple because her ass of a boyfriend the year before dumped her when he was off to college, wanting to play the field and have the full college life. Well after a while of sowing his wild oats (getting laid and then some) he realizes that none of these girls will ever be his Kate that he so willingly gave up. After that he decide's he wants her make and he will stop at nothing to get her either. Well our girl

Kate has other idea's. A does of his own medicine,she is set on not taking him back and heads to her first year free and single. When she gets there she loves it. She is this new free Kate not one she could ever be around her ex Kyle. And yes,she does catch the eye of MORE then a few hottie's at this new college. And she makes friends. At one of these party's meets Blue Eye's aka Reed. And he is just *sigh* dreamy. Her and Reed get close,but just as friends. She finds out he loves tennis just as much as her,so she get's herself to the tennis court every Saturday for her Reed time. But others get to her first,and so she start's dating. She is having a great time,enjoying party's,dating been a proper happy college person. Until she goes home for winter break. Were she is not safe from the jackass (and that's been nice) can get into her mind,and get her to give him another chance. The Kate at home isn't as strong as the college going Kate. But I won't tell you more. I don't want to ruin the book,but please buy it! It was such a good book. I've never wanted to inflict pain on someone so much as I did with Kate's ex. But I suppose that's what the author wanted. You know they've done an amazing job when they get every emotion you have ruining threw your veins reading this :) So again,BUY it. You will love it as much as I did :)

Francesca says

The perfect distraction, well it certainly lives up to its name this was the perfect distraction for me from; housework, laundry, even x-factor! I know I can hear everyone thinking omg! X-factor but I have to say that this story is remarkable. It's about a young girl who was previously in a misguided relationship and is now about to embark on a journey of experiences and understanding, little did she realize she would become the girl who everyone wants.

Kate is a wonderful character and reminds me of myself in many ways hiding emotions and not wanting to deal with things head on. Melissa has done an amazing job in building this character and making you understand everything about her and the rationale behind why she does the things she does. Kate believes she is a weak individual who has been manipulated many times before. Wow, when she does go for it you start rooting for her and telling her she can do it! I don't want to give too much away but she meets a drop dead gorgeous player Reed *sighs*. I won't tell you too much more about the plot because you would truly miss out on this story.

I love the writing style to this book; Melissa does a wonderful job. Stepping back in time at crucial periods, which enhance on your feelings towards Kate. I however would recommend you having the air con on or windows open when they get down to the steamy scenes because my god it is written beautifully as if you were there in that intimate moment.

I have to say before I started reading this book I didn't realize it was a series and I can tell it doesn't show throughout the book; as many of you know sometimes when reading a series the first book is generally slow so that you can get to engage and understand the characters this was not the case with The Perfect distraction and I was more than gutted when the end dawned and there was a cliff-hanger!

Melissa how could you do that to me!!! I do have to say though that it has a very good plot and is consistently captivating. I have managed to read this book in around 7 hours as I have struggled to put it down. Each time I went to put the book down to try and get some of my housework done it distracted me all over again and I needed to know more! I now feel a book hangover coming on. Thank you, Melissa for the opportunity to read this prior to its release.

Please check out my blog for Melissa's exclusive interview and Melissa's new cover reveal and i have to say its brilliant!

<http://www.francescas-romance-review...>

Julie says

LOVE TRIANGLE, yep, says enough

Lindsay says

[image error]

Stacey says

Starting her first year in college, Kate seems to have a bounty of men at her feet, all willing to hand her the world. Derek, the sweet friend, Marco, the smart senior, and Reed, the sexy ladies man. But Kate can't seem to get over her ex Kyle who dumped her a year ago to go off to college single. When he came home the following summer, he began to pursue her in attempt to win her affections back.

After months of phones calls, when Kate heads back home for winter break, she takes him back. But their relationship is far from perfect. Kyle is controlling and manipulative. Kate has always been weak to his charm and avidly avoids confrontation. When she goes back to school, his possessive nature becomes alarming and Kate isn't sure how to handle it.

On top of relationship drama, Kate is struggling to deal with the fact that her mom has some mental issues and abandoned her family. She's not sure if she can forgive her and once again uses her distraction techniques to not think about it.

Over the course of the year and a half, she manages to build a friendship with Reed. Their Saturday morning tennis matches, his arresting ocean blue eyes and mild flirtation is the perfect distraction from her troubles. Kate is a lot like me in the way she handles problems, which I should probably be ashamed to admit but I'm not. Distraction until it's absolutely time to deal with the issue. Perhaps even after it's too late. Confrontation sucks so I can totally relate to her in that regard. Sometimes I wanted to smack her though because it's her weakness that I see as the real problem. She gives in to pressure from Kyle when it would be better to hold firm.

Overall I really enjoyed this story though the voice felt more story telling than live action. It hindered my ability to get completely lost in the story. But the story's not over yet. Gotta keep our eyes peeled for the next installment.
