



From Beer To Maternity

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Janet knows she needs to lose weight - she hasn't seen her feet since the nineties - but when she staggers up onto a table at the work's New Year's party, with enough beer inside her to power Australia for a year, and challenges her mortal enemy, Jack, to a weight-loss competition, she has no idea what she's started. She can't even remember it the next day, but her drunken rant has already become an internet sensation, and now there's no backing out of it. Jack wants nothing to do with it - although he hasn't seen his feet since the eighties - but with his doctor forcing him to lose weight and Janet's constant hostility towards him, he is soon on board, and the competition between them is fierce. So, it's on! Every month for a year the rivals compete to lose the most weight in diets set by their colleagues, ranging from the reasonably sensible to the completely and utterly insane! Attracting full media attention.

From Beer To Maternity Details

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From Reader Review From Beer To Maternity for online ebook

Lucinda Clarke says

A FUN READ

I sat and read this in a day as it was a quick and easy read. I thoroughly enjoyed it and it made me laugh a lot. Much of the humour relates to British life and I could relate to that. A very topical subject, going on diets to lose weight will resonate with a lot of readers, a subject that crosses the Atlantic and all points of the compass. Highly recommended.

CD says

Brilliantly funny! Poor Old Janet! dieting isn't the greatest thing, but when you are in a competition with jack from accounts, all hell lets loose...

was a real good laugh...

well written too.

Book Ninja says

From Beer to Maternity gives us an interesting insight into what goes on in the minds of Jack and Janet, both of whom are having problems in holding down a healthy weight and how it affects their respective lifestyles and health. It deals with issues familiar to people struggling with their weight: How do I get better and for what? At first, Janet and Jack lacked the motivation to go through with losing weight, which many can relate to, but along the way they each found their purpose and found that being healthy also made them happy. It wasn't easy; there were times when they gained weight instead of losing it, and times when they lost none at all, but they persevered, despite their troubles and the sometimes ridiculous diet fads people forcefully pushed them to endure. They each found the right way for them to live healthier lives and the fact that both characters never backed down, not from each other or other people's low opinion of them, makes it an even more interesting and worthwhile read.

Billy Bartlet says

This was a short, (as it says on the tin) clever funny read, Love the fact that you get the story from both sides of the sexes! And the author was right, no Vegan was harmed during the writing of it. Classic humour ... So are you Team Janet or team jack? I'll let you decide. This is defo not a book for just the girls...

Grant Leishman says

Reviewed for Readers' Favorite by Grant Leishman

?Have you ever woken up from a drunken New Year's Eve party and wondered just what you'd got up to the night before? In *From Beer to Maternity* by Julie Hodgson, that is exactly the dilemma faced by overweight Janet. It's not until she turns up for work at the call-centre after the holiday break that she discovers, to her horror, that she has challenged the very fat Jack, from Accounts to a weight-loss competition over the coming year. The competition soon takes on a life of its own, as first her workmates, the company and then the media become caught up in the hype of this competition. Janet and Jack find a whole weird and wonderful variety of different diets foisted upon them, each month by the boss. Despite this, both become caught up in the idea of losing weight and becoming healthier. A year of hilarity follows.

I found *From Beer to Maternity* to be a very funny and light-hearted look at what is a serious subject – obesity. Both Jack and Janet are very real characters that I am sure many readers would have no problem at all identifying with. Although bordering on farce and caricature at times, this book by Hodgson is a very easy and satisfying read. It is typically English working-class humour – dry and witty, with a good dollop of sarcasm. My only complaint would be the book was a little short for my liking and I felt the author could have fleshed out each month a little more, with greater insight into Jack and Janet's lives. That being said, it was a fun read and one I can definitely recommend. I particularly liked the chapters alternating between the characters. This gave equal insight into both contestants. An excellent read.

Meemo Mcdougal says

one hell of a funny read! as the book involves 2 characters, Janet and Jack, you can almost choose who you are rooting for! Dieting has always been a mystery to me... This was a fun read.. never laughed so much at a book for yonks.

recommended if you are down in the dumps
