



The Daughters of Joy: An Adventure of the Heart

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An inspiring story of the search for love and redemption from the “poet-prophet of alternative medicine” (Time).

Jess Conover is going about his daily grind as an aspiring writer in Boston when he finds a classified ad in the newspaper he believes is meant specifically for him: Love has found you. Tell no one, just come. His odyssey takes him to a school run by a group of women who call themselves the Daughters of Joy—and who will open Jess’s heart up to a world he never envisioned could exist...

The Daughters of Joy: An Adventure of the Heart Details

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From Reader Review The Daughters of Joy: An Adventure of the Heart for online ebook

Mrls Cb says

Nada que comentar.

Anita says

Wonderful spiritual journey! Spellbinding! Couldn't put it down!

Vicky says

Not my style, did not feel inspired. Might've rushed the read, at a wrong time.

Quotes:

"Imagine Elena falling in love with you, and imagine Elena having always loved you. Which would you choose?" (p.65)

"Breakthroughs aren't rare [...] it's what you make of yourself, after the breakthrough, that determines your future." (p.74)

"Why would we evolve a useless gene that sleeps for a million years just in case writing might be invented?" (p.75)

"Love" vs "In love"

"In an abiding relationship, love becomes stronger because [...] having seen every mood, every fear, every desire of your beloved, you develop compassion, which is deeper than being in love." (p.225)

Luce Cronin says

Good basic advice to add to a base of knowledge. The whole thing written in novel form, becomes a very interesting read.

Wendy says

While reading this book I found myself thinking that I had no clue whatsoever what it was trying to say. As a rule, I enjoy Chopra's writing style and his use of storylines to get his message across. The message of this story was love-love is the root of everything. Other fiction books that I've read by Chopra have been easier to follow. This one was pretty confusing and hard to follow however by the end of the book he's able to get his point across. I learned something from this book and it left me thinking which I enjoy. Over all, I would only

recommend this book to those who are not easily confused and those who are interested in the metaphysical. I was pretty disappointed in this book.

Carolyn says

Just okay. Chopra would do best to stick to non-fiction. I read 'The Return of Merlin' some years ago, and was disappointed...as I am with this one. I'm a huge fan of Chopra's lectures and philosophy. He can explain quantum healing and illustrate the mind-body connection with the best of them. But his fiction falls flat. I did read all the way through, kept looking for some special seed of inspiration, but just didn't find it in 'Daughters of Joy'.

Skip this, and listen to Chopra's lectures, probably any one of them, instead.

Magdelanye says

In this modern fairy tale for spiritual seekers and all those open to the idea of spiritual evolution,DC doesn't waste any time on building well rounded characters or developing an atmosphere, but cuts right to the chase. This is the goal of life,the secret of joy. Once the reader has gotten over the irritating lack of credibility,it begins to get more interesting.

"Whoever got a new life by turning away"

to be continued

Judi says

Thus far, this was my favorite of Deepak Chopra's novels.

Allie says

One of those books that jumps in your face just when the time is right. Its a novel about energy, love and the managing thereof

Sereda says

I really enjoyed this. I love the other book soulmate so much tho

Kimberly says

This book will find you when the time is right. If you are reading this review, get the book!!! I read this book

very slowly, savoring every word. I would often read a paragraph and put it down to take time to synthesize the words. It took me on a magical spiritual journey and I learned a great deal about myself.

Cata says

El epílogo es lo mejor del libro, en mi opinión. Pero hay que leerlo completo para entender bien, este libro abre los ojos para asimilar lo importante que es el amor en estos tiempos.

Fernando says

"No hace falta que sigas buscando el amor. Es él el que te busca a ti"

Carol says

Chopra uses a character, Jess Conover, who meets an older woman and a younger one who teach him how to move his own blocked energy and open to love.

There is no fixed formula. Look at yourself and your feelings. Negative feelings like depression, fear, anxiety, hostility must be worked on in the moment and may be helped by breathing to physical acting out to expressing emotions. Seek to have a loving relationship with yourself.

Deal with the reflections that come your way in this moment. Children should not be trained in this process but they benefit from the progress of parents and teachers. You cannot change the energy of your spouse but you can support them. Deepak Chopra points out that all religions are littered with distortions of energy, love and many abuses and inequalities, but you can choose to follow the holy words of a religion or tradition and win the freedom of your own soul! If someone sins against you, do not mistake the sinner for the sin.

Loving behavior means accepting yourself and others without judgment.

The soul does not depend on energy, nor does truth or compassion. Feeling negative energy is a part of life.

Negative energy needs to be released and when it is, the flow begins and in that flow you can return to love.

If reading these suggestions is difficult, the story about Jess helps illustrate these ideas in a fantasy like novel. I believe that Dr. Chopra seeks to teach in ways that reach different learning styles.

Silvia says

HIJAS DE LA ALEGRÍA- DEEPAK CHOPRA- RESEÑA

ALERTA SPOILER

Jesse, un joven periodista de Boston vive una vida sin sobresaltos hasta que ve un anuncio en el diario y decide contestarlo.

A partir de allí va a conocer a dos extrañas mujeres: Dolly-una anciana- y Elena- una bella joven- que van a llevarlo a que logre percibir el mundo sutil, una especie de mundo paralelo.

De allí en más, él deja su trabajo y empieza a recorrer la senda que Elena le indica para llegar a convertirse en un "gurú del amor". Pero el amor, en esta concepción va mucho más allá de lo sexual, es el amor por el cosmos, por el universo, al estilo de los maestros zen.

La novela tiene altibajos y algunos diálogos crípticos, pero en la búsqueda del camino espiritual, tiene reminiscencias de Brida de Paulo Coelho.

Se lee rápido, aunque hay que tener paciencia durante las primeras 40 páginas, donde no ocurre demasiado.
7 puntos
