



Get Out of That Pit!: Straight Talk about God's Deliverance

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What happens when we invite God's Power into our pain

From her first breath of fresh air beyond the pit, it has never been enough for Beth Moore to be free. This author and teacher who's opened the riches of Scripture to millions has longed for you to be free as well. To know the Love and Presence that are better than life--and the power of God's Word that defies all darkness. Her journey out of the pit has been heart-rending. But from this and the poetic expressions of Psalm 40 has come the reward: a new song for her soul--given by her Savior and offered to you here, friend to friend. It is Beth's most stirring message yet of the sheer hope, utter deliverance . . . and complete and glorious freedom of God:

"I waited patiently for the Lord""He turned to me and heard my cry""He lifted me out of the slimy pit""He set my feet on a rock""He put a new song in my mouth""

"It is a story, a song--a salvation--that you can know too.

Get Out of That Pit!: Straight Talk about God's Deliverance Details

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Mirya says

I had a very hard time putting this book down. Honestly, I didn't think I was in the pit. That is until I read and meditated on this book. The only reason I got this book was because it was Beth Moore's latest and I got it at one of her conferences.

I've learned a lot by evaluating my life, even if you don't think you have a problem. Everything might be going grand, you still have to ask God if you are walking on his path and not headed for the pit straight head that Satan has dug for you to fall in. To remember that even if you do fall into a sink hole, put your pride aside and ask God to throw down a life line and help pull you out. Such an inspiring story.

Lauren says

You should read this. I loved this book. I really didn't want to. I did not want to be just another mainstream Christian Beth Moore fan but alas, I did love it. For some reason, God keeps sending me things that I need to hear. He's kind of good like that. Most of the book is about recognizing when you're in a pit and the three ways you get in them; being pushed in, falling in and diving in. Just like Beth, I have been in several forms of pits of varying sizes and for various reasons. The most intriguing parts that resonated with me were about how only God pulls you from the pit and plants your feet firmly. Not a well-meaning friend, not a fantastic counselor, not a minister, just God. While all of these people can be helpful, they can easily end up right next to you in the pit without meaning too and may even keep you there. You'll have to read the book to understand what I mean by that maybe.

I think the last 2 chapters were just what I needed. The first is about knowing you're out of the pit by having a new song. If you know me, you know I always have a song in my heart, whether it is ridiculous like the price is right theme song (which is constantly there) or fantastic like Beautiful Things or You are the Beauty (musically my favorite and lyrically excellent). I had goosebumps reading about how God loves music and puts a song in our hearts. I think it is going to blow our minds when we go to heaven and God starts beat boxing and rapping with a Heavenly Host doing background vocals. It will be truly awesome. It reminds me of The Magician's Nephew, when Aslan creates Narnia. He sings everything to life with his music. What an absolutely cool way to think of heaven. I can't yet grasp it but I wait with true anticipation. The last chapter is an encouragement about God has already won the battle for us. The entire book hints at Psalm 23:1-2, The Lord is my shepherd, I shall not want. He makes me lie down in green pastures. He leads me beside still waters. Beth's correlation between still waters and living waters in Revelation is refreshing, it LITERALLY (haha) restores my soul with life as I read it.

I also just loved the down to earth nature of Beth. Her stories resonated with me. Her examples hit close to the heart. I heard her speak live once. The thing she said was, "You have to eat the message before you tweet the message." I'm soaking this stuff up.

Heather says

I listened to this book on audio and that was MUCH BETTER.

It's a lot easier to listen to Beth Moore speak than to read her ideas in book form. She often starts out with an analogy that meanders for a while before it is concluded in an understandable fashion. Once it's all "tied up," I get it and say, "Oh, okay." But sometimes during the reading, I get lost as to where the heck she's going. It's like getting led around blind-folded.

It's much easier to hear her present her ideas to an audience and make her points verbally, I think.

That said, this book still holds oh so many GREAT nuggets, I still think it's AWESOME and worth the read!

Powerful stuff with a VERY PRACTICAL section in the back to help guide the reader in prayer.

I especially love that all of Beth's answers are GROUNDED IN THE BIBLE. Her weapons are God's Word-- Bible verses-- not just her own human thoughts. She often shares her own testimony to make it all come to life, but it's not HER insight that she depends on. It's God's Word and how HE led her through. That's why I just love Beth Moore. Such a blessing.

Kathy Bowling says

I love how real Beth Moore is. She doesn't pretend to have already arrived. And that makes her testimony all the more inspiring. We all live in pits and encourage each other to make homes in them. Instead, the Lord wants something more for us and from us.

Kait says

This book was ok. I mean, she has a lot of good things to say, but I found it a little too "Christian", meaning that she used a lot of "Christian" language, and maybe not so much "real life" language. It's not bad, but it will certainly only speak to a certain crowd.

I found it hard to think of my circumstances as a "pit". I preferred the imagery in "Your God is Too Safe" by Mark Buchanon better (for my life/experiences). I did, however, like the imagery of thinking of your life's soundtrack - what would that sound like? What song do you sing with your life?

I think that this book is definitely worth reading, and that a lot of people would take wonderful things away from this book. My feelings about it are in no way negative, I just found it wasn't all that applicable for me.

gina says

An excellent audiobook for those of us who are seeking ways out of depression beyond just taking a pill. I like Moore's descriptions of pits, how we get there and how to get out. I'd love to see her do more on this series with books just about one type of pit. It is always encouraging to hear of other peoples struggles as well and not only does more talk about other peoples but also her own. There's so much to cover on these topics that this book really is just an intro to each type of pit to get you acquainted with thinking of depression as a hole you can be lifted out of with help. Because of how "overview" this book felt, I'd love to see a book devoted entirely to each of the pits. I know I would buy/listen to it. My only complaint is that Ms. Moore talks reeeeeally fast and so you have to keep your brain going at her southern girl speed or you will get lost.

Kristin says

The bottom line that hit me was: "if you are a confirmed pit-jumper, you've probably got a pretty serious authority problem over all. Forgive my amateur psychology, but my guess is that your primary authority figure was or is either a wimp or a fraud. God is neither."

Beth repeated: "So much of our propensity toward pit-jumping springs from the fact that somewhere down deep inside, we just don't trust God. We think He's like all the others who have cheated or betrayed us."

I loved the scripture prayers that she put in the back of the book!

Talia says

I appreciate Beth's message of God's deliverance out of pits. She does a great job describing the different ways people get into spiritual and physical pits, as well as how that affects our lives. She's very straightforward on how people around us can help and support us, but God is the only one who can fully deliver us from the pits permanently. My only issue with the book is that I believe when God heals someone, He does so fully and doesn't leave us limping and crippled. We have fully healed scars that become our testimony, but we don't limp along with half a leg for the rest of our lives. Overall, fantastic book with a message of God's healing and deliverance.

Joan says

Moore knows what it is like to be in a pit. Sexually abused at a young age, she needed to be delivered from a pit. She shares what she has learned from her experience and her study of Scripture.

I appreciate that Moore distinguishes the ways we get into a pit. Our own decisions, perhaps to sin, is only one of the ways. It might very well be the sin of another, such as a parent or an abuser. Perhaps it is a tragedy, such as to another family member or close friend.

The good news is that we don't have to stay in that pit. Moore helps us understand that, although God may use people, He must be the Deliverer. He will not share His glory with another. She is convinced of the power of praying Scripture and gives a week of sample prayers at the end of the book.

I thought Moore was particularly insightful when writing about the role of other people. We might look to another to help us out of the pit. We might think we can help someone else get out of their pit. Moore helps us understand how we can impact others and also what we should avoid.

Moore presents a challenge to readers. "God will be your Deliverer or nothing at all." (115) God wants everything we've got. That's a prerequisite to deliverance readers must accept before expecting God to move.

She tells lots of stories on herself to illustrate the principles she teaches. She has a good sense of humor that I really appreciated. The combination of personal stories and some humor make this book a pleasure to read, even though it is about a very serious subject.

I highly recommend this book to those who truly want to get out of their pit. This book fills in the teaching so often missing from our pulpits. Moore has provided reflection questions and personal application suggestions at the end of each chapter. That makes it a great book for individual use or with a group of trusted friends.

This book was first published in 2007.

I received a complimentary copy of this book through Handlebar. My comments are an independent and honest review.

Julie G says

I love Beth Moore and I loved this book. She has a very personable tone in all of her books and you really feel like she is sitting there talking to you. I've always struggled with depression and this book really helped me out of a low place.

Mary Jackson _TheMaryReader says

We all fall and get back up again and Beth has shared that with us in her Book Get out of that Pit. It's 10 year anniversary is this year and Beth has repacked this wonderful book. I like this cover much better than the old one. The content is the same nothing changed.

But now you can share it with new readers in your life going through something hard or in pain and need to know that there is hope.

Beth shares how Gods love and presence is right here with us. She shares scriptures through out the book. And the end of the book has A discovery Guide for you to use in a bible study or small group. I hope that everyone picks up a copy of this book and shares it is well.

I gave this book 4 stars and I recommend it.

The Mary Reader received this book from the publisher for review. A favorable review was not required and all views expressed are our own.

Molly says

I enjoyed this book, but I enjoyed the author even more. Surprisingly, I have never read a Beth Moore book until now. While I like the book, I really liked her flavor and the way she came across. She is very real, personal and oddly, even though I don't know her I felt loved by her. Maybe it's just a girly female thing, but I feel that way with Liz Curtiss Higgs as well and I love reading her stuff. Beth Moore really does make you feel like you are having a great deep chat with a friend who likes you and you can laugh with. Good book, and even better writer.

Amanda says

Get Out of That Pit! is a book about the "pits" of life, how we get into them, and how we can get out through the power of God. The chapters on how we get into pits - we can be pushed in by someone else, fall in unintentionally, or jump in fully knowing what we are doing - were golden. I found the rest of the book to be just ok. Moore's tone is very conversational with a lot of anecdotes, and that's just not my style.

Daniel says

This is my first Beth Moore book. She is a good writer. I liked how she handled the topic. Sometimes there may be a little more to getting out of the pit than what she goes into here. However, her action plan for getting out of the pit is the best starting place I've read. It will take you far.

Amanda says

Well meaning, but confusing to read. Moore also twists Bible verses to suit her needs, and contradicts herself on more than one occasion. I wouldn't recommend this to anyone needing real help. There are better resources out there. For full review, see here. <http://eagleswingsbooks.blogspot.com/...>
