



# Connection Parenting: Parenting Through Connection Instead of Coercion, Through Love Instead of Fear

*Pam Leo*

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## **Connection Parenting: Parenting Through Connection Instead of Coercion, Through Love Instead of Fear Pam Leo**

"Connection Parenting" is based on author Pam Leo's seven week parenting series, "Meeting the Needs of Children," that she has been teaching for over sixteen years. The premise is that a strong parent-child bond is the key to children's optimal human development and our most effective parenting tool. Connection Parenting is a proactive approach to parenting that supports parents and caregivers in creating and maintaining the strong bonds children need to thrive.

## **Connection Parenting: Parenting Through Connection Instead of Coercion, Through Love Instead of Fear Details**

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Author : Pam Leo

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## **From Reader Review Connection Parenting: Parenting Through Connection Instead of Coercion, Through Love Instead of Fear for online ebook**

### **Sue says**

This book reminds me of what my parenting beliefs were back when I was just the mother of one. Something about being the mother of two made me too tired to remember all my high ideals and lofty goals and this book has been instrumental in getting myself back on track. AND I know Pam Leo's advice works, because I saw it working for my son when he was an only child, and I see it working for both of my children now that I am implementing these strategies again. My son is happier and I am a more relaxed and happier mom.

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### **Shelley says**

This is one of my favorite parenting books. It's short, sweet and to the point.

One chapter per week is a good way to work your way through it for the first time.

Now I reread bits and pieces whenever I find myself straying from being the kind of parent I want to be. Just a few minutes with it help me recenter.

It's also one of my favorites to share with new parents.

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### **Jenni Pertuset says**

This is a great parenting book. An accessible collection of kernels of insight and truth present in other remarkably valuable works -- like Hold Onto Your Kids and Non Violent Communication -- it also includes thoughtful original ideas. Leo has the great advantage of being concise, making Connection Parenting easy to recommend to parents whose time is short. One of the best ideas in the book is that the true magic word is "let's." I also appreciated her discussion of how to interpret behavior to get at the need it expresses.

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### **Ashley says**

I really like the concept of connecting with your child, showing respect and love as opposed to using coercion or fear of punishment to change behavior; but she was really big on if your child has behavior problems, its because you as a parent aren't meeting the needs of that child. I don't fully agree.

I also think we have to be careful about not allowing our children to work through struggles because not everyone out there in the world is always going to try to meet our children's needs and we need to help them work though those feelings appropriately.

Of course I think parents should parent in love and understanding so the child feels safe and secure and loved, but there needs to be a balance and it felt like she was saying there should be no punishments for

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misbehaving and that is taking away accountability.

I did like that she has a lot of other parenting books for references, many of which I have read and liked.

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### **Andre says**

This is a quick read and filled with practical advice. Pam Leo eschews the heavy data-driven and theoretical approaches that some parenting books can get into and focuses on making the concepts "real" for your family. It makes a great companion book to *Magical Child*, but can also stand alone as a great book to reach for when you need some help.

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### **Sonya Feher says**

This is a great overview for parents who don't have time to read tons of parenting books. The author was a childcare provider for 22 years and then taught parenting workshops for 16 years before writing this book.

*Connection Parenting*

asks one to reflect about one's own parenting goals and inheritance (how one was parented). That grounding in history and future helps to deal with parenting in the present: how to communicate, understand what a child is communicating, discipline, and make sure everyone's cup is full. I especially appreciate her understanding that no matter what our parenting goals are, if we're exhausted or empty as parents, we can't use all of our great parenting tools or knowledge. Each chapter has a list for further reading. This is a quick read with a very straightforward and humane approach to parenting.

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### **Anastasia says**

This book is full of good information, but Ms. Leo is not an author. She badly needs to have had this book edited. Nonetheless, I recommend reading this book; behind the hokey terms like "love cup" are some important concepts about treating our children with respect, honoring their feelings, and meeting kids' needs.

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### **Tanja says**

This book should be a must read for parents. I'm only giving it 4 stars, because it goes a bit over the top some times. There's a page where it compares Ghandi and Hitlers upbringing, without, as far as I can tell, any facts to back this up. If that part was cut out, it's still very mushy, but bearable mush.

I love the fact that this book gives useable advice. It's not an intangible philosophy, it gives situation examples and ways to avoid them or solve them.

Tried and tested at home I can only say it works and makes every kind of sense to us. This book is for everyone who dislikes the word discipline and wishes to raise their children in an understanding, cooperative and loving environment.

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### **Clarissa says**

This book is rather new age and sappy but it also provides the best approach to parenting that I have seen. No one could always be as kind and gentle a parent as this book advises, but just having read it helps you to pause in the heat of the moment and think and calm down enough to be a better parent.

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### **Lori says**

I absorbed this book like a sponge! The ideas and principles are an inspiration to me as a clinician intern becoming a child therapist. I have approached my sessions with the intention of helping parents connect with their children and it has yielded positive results. I cannot sing enough praise of this book!

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### **Julie says**

There were some ideas in this book that I absolutely loved like a child cooperates better when they have a good relationship with a parent. I also like her ideas about treating children with more respect. There were some ideas that didn't make much sense to me though. If you never punish a child (including taking away privileges) how will they ever learn responsibility for their choices?

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### **Sarah says**

In Connection Parenting there are no quick fixes, no time-outs, no threats, no coercion used in Pam Leo's methods... instead she teaches parenting through connection. One of the things she said that stuck with me is about how we need to stop treating children as "second-rate citizens". While this may seem a little over the top I feel like we, as a nation, do treat our children pretty poor. We raise our children the way we were raised (with a few changes here and there) but don't stop to think about the most loving and respectful way to raise our most innocent and precious beings. Connection Parenting isn't easy any way you slice it. It takes a lot of patience. It takes a lot of creativity. It takes a LOT. But I feel in my heart that Pam Leo is on the right track in this book. I wish there were more practical examples of how to implement connection in those all-too common difficult moments with toddlers and preschoolers.

I want to add that I do remember being frustrated a little with the book after reading it. I feel like, while I love the parenting methods, they are a tad too permissive for me. One of the points that the author makes is that we don't have to teach our children that they are in the real world at such a young age when speaking of consequences/discipline. But I have realized that i.e. if you have your child in preschool then they are in the real world. They have to abide by the teacher's rules and play well with others and have consequences for their actions. A teacher isn't always going to have the time to talk things through like the book suggests, and I think that is fair. I guess I say all that to say that I believe that I want my child to be a little more flexible and a little more well-mannered by our culture's standards than I think connection parenting would result in.

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### **Julie Zilkie says**

This was a quick read, and one with principles I needed reminded of. It is far easier to bark out a order or come up with a quick consequence than it is to take a moment to connect with the child and find out what the true need is of that particular child at that particular moment. I feel like I picked up some more tools for my parenting toolbox along with just being reminded of some I let go by the wayside for lack of time and effort. However, the problem of sin and the answer found only in Christ is missing from this equation, so it does put a whole lot of emphasis on the parent providing that connection for the child, which, of course, will not end as well as the author leads one to believe.

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### **Marta says**

I love this book so much!!!!!! I felt like it saved me and is really helping me to brake the parenting cycles that have been happening in my family for generations. I think that it a wonderful peaceful method to parenting and trully works. It has brought awarness to how and when I communicate with my children. I have bought it for one person and insisted others buy it, keep it and read it.

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### **Carrie S says**

A quick, easy read. This is an amazing book that helped me to heal from my own childhood and forgive my parents for their mistakes. It also started me on the gentle discipline path.

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