



Entering the Stream: An Introduction to the Buddha and His Teachings

Samuel Bercholz (Editor)

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The grandeur, simplicity, and freshness of the 2,500-year-old tradition of Buddhism are reflected in this collection of writings intended as a primer for newcomers to the subject as well as a reference for those familiar with Buddhism.

The selections include:

- The story of the Buddha's life.
- A concise historical background.
- Key writings of Theravada, Mahayana, Zen, and Tibetan Buddhism.
- Meditation instructions.
- A Buddhist explanation of reincarnation.
- Simple explanations of terms.
- A pictorial survey of Buddhist art and architecture.

Entering the Stream: An Introduction to the Buddha and His Teachings Details

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From Reader Review Entering the Stream: An Introduction to the Buddha and His Teachings for online ebook

Jennings says

I didn't read it all, as it is a compendium of readings rather than a book in and of itself. The readings were lovely but it isn't something to read in one sitting.

Rebecca says

This is a dense book on Buddhism with chapters written by well-known buddhists such as Pema Chodron and Tich Naht Hahn. I never finished the book, but I read was well-written, interesting, and informative. I would recommend it for anyone with a serious interest in the teachings of Buddhism.

Beesknees says

I think it gave a pretty thorough outline about Buddhism in general and also the three major schools of teaching. A solid intro book that presents a good selection of teachers and texts for further study.

I really like that there was a wide selection of different Buddhist texts, though I will admit I got completely lost on the language of some of the older ones.

C Settles says

Good introductory read for those not familiar with Buddhism. Recommend followup with The Buddhist Bible for in depth look.

Kent says

Excellent introductory Buddhist texts drawn from all over the world.

Amanda says

Wonderful book of independent chapters exploring aspects of Buddhism. Highly recommended!

Karl Nehring says

There is some nice material anthologized here, although some of the later chapters on Tantric teachings are a bit esoteric. Still, it is good to have original material from primary sources brought together into one attractive volume.

Leo Michelson says

1st book on Buddhism I read in 1994 that got me hooked from the 1st page...love that i found it at a used bookstore and revisit these accessible teachings!

Laurie says

this is the book that got me interested in buddhism.

Smp says

excellent book for anyone who is interested in budhism, very easy to read.

Kevin says

This book was a great introduction to the Dharma. The chapters on the Heart Sutra, Diamond Sutra, and Zen Buddhism I found to be particularly interesting. The section on Zen Buddhism taught me the important of the Full Lotus Position while meditating, which I am currently struggling to get comfortable in over extended periods of time.

James says

I believe this book has been retitled, but is a great introductory volume for anyone interested in Buddhism.

Cindy says

Buddhist reading is never easy, but reading this book in small bites opened doors to me that I didn't realize I'd closed. Eye-opening and enlightening.
