



Tell Me Where It Hurts

J.R. Rogue

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Bestselling author J.R. Rogue returns with her second volume of poetry, *Tell Me Where It Hurts*, a raw, heartbreaking, and honest glimpse into the demons she has faced in her 33 years.

Tell Me Where It Hurts Details

Date : Published July 10th 2016 by Radiant Sky Publishing Group

ISBN : 9780692717202

Author : J.R. Rogue

Format : Paperback 100 pages

Genre : Poetry

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From Reader Review Tell Me Where It Hurts for online ebook

Ashley says

Review published on: <https://5171milesbookblog.wordpress.c...>

Let me tell you where it hurts, it hurts within the pages of this short book of poetry. I've never rushed to write a review as quickly as I needed to with this book. It begged to be written while the emotions were still fresh. JR Rogue should be proud of Tell Me Where it Hurts. From the moment of reading her dedication, I knew I was going to love this book: "For the Caged Birds. If I can sing, so can you." It evokes emotions I had buried and most times would rather forget. I, too, was once a caged bird. I've never had tears in my eyes reading poetry before, perhaps because some of these words hit me on such a personal level. There is often so much unnecessary pain in childhood, even more if the child's innocence is not nurtured. My heart hurt reading these poems. It hurt for the struggles I've been through, but mostly, it hurt for the author. Poems with this much raw sadness and heartbreak can only be written from personal experience. You have to know pain to write pain. For that, I am saddened.

"I think

I've spent too many years
playing Russian Roulette
with my body in a world
already holding cold steel
to my temple."

While the title tells the reader what they're getting, what is left out is the healing that can be brought through this book. There's something to be said about being vulnerable and sharing our hurts. The world tells us we have to be happy all the time, to slap on a smile and act like everything is fine, even when it is not. When it doesn't work, there's medication to fix your problem. What if it was acceptable to share sadness? By sharing, we are lifting the burden of pretending. It's exhausting to pretend everything is perfect, it often makes the pain worse. It's ok to not be ok sometimes. When Jen Rogue shares her experiences, she is sharing comradery. I dare to say, this little book could save lives. It is exponentially more than a simple book of poems. It shows victims of abuse they are not alone, no matter what kind you have suffered, or from whose hand. This book needs to be read, shared, and given to women to help their hearts heal.

Thank you, Jen, for sharing the deepest parts of yourself for the well-being of others. You are a brave woman. I will forever hold your words close to my heart. I thought Rouge couldn't be beat, but I should have known better.

My favorite poems in this collection include:

Have You Seen this Person?

Lies Liars Tell

Wet Pavement

Embalmed Decay

Stepford

Ribcaged Confessions

The Gravedigger

Girl Crush(ed)

Risk & Roulette

Do yourself a favor and snatch this book up immediately!

Aude Odeh says

So, usually with the poetry I read, I will post some highlights to my snapchat and Twitter. As a teacher, I wanted to, but I couldn't. There are a lot of sensual and sexual and violent themes in this book that were so well done, but I couldn't bring myself to post them. They were rough and raw and full of truths.

Beatrix says

Tell Me Where It Hurts is so far my favorite poetry book by J.R. Rogue. While generally love & romance are her topics of choice, here she deals with a heavier topic (abuse).

I'd like to share the opening poem of the collection, which is probably my favorite of all. Love it!

Tell me where it hurts
Deep in your dermis?
This world is full of victim
shaming/blaming/DEGRADING
& you can't quit scratching at that spot
just above your ruby highways & back alleys.

Where your blood slithers & whispers
you brought this upon yourself.
Tell me where it hurts.
Deep in your ribcages?
I can see them there;
the confessions caged inside
I hear them singing
but you can't bear to listen.

I'm here to tell you the truth
that's roaring in the river raging inside of you.

Shake the shame from your skin.

You did nothing wrong.

Sophia Hanson says

TW: Sexual Abuse, Rape

I knew I was going to like this book. I have been following J.R. Rogue for quite some time, so I was familiar with her work and knew I liked it. I was not, however, prepared to fall madly in love with her work. Which I did.

J.R. Rogue is a poetic genius. There is a lot of mediocre poetry out there, but even if the majority of her peers were as talented as she was, she would still stand out. Her style and voice is striking, familiar, foreign, unsettling, and hypnotic all at once.

I don't have anything else to say except read this book immediately.

Patricia Sarmiento says

Beautiful. All consuming. Raw. JR Rogue's poetry is as striking as always but it is also real and hurtful. She plays with the realest of emotions, the most intense kinds of pains and inject those into her pieces. She capitalizes on the ugly, the dark, and the painful that we went through or might still be going through and acknowledges that the darkness exists and that we are not alone. From the ugly and the dark, she has created such beautiful words woven into beautiful pieces that will shake every fibre of your being.

Reading this will **hurt**. But it's a good kind of hurt.

Reading this will **make you think**. But you will be thinking with more depth and understanding.

Reading this will **consume you**. Be warned.

I didn't have the emotional stamina to finish this in one go. I had to take a breather every now and then to regroup. This poetry book cannot be described to its full glory, it is something that needs to be experienced. **YOU** need to experience it. Go for it. But again, be warned.

Kei • lovelypagesreviews • says

5 stars!

This is my second book from J. R. Rogue and OMG I love everything about the way she writes and her poems just speak to me.

This one was raw but beautiful at the same time. I don't have much to say, there's no right or wrong way to review a book of poems but if you're not familiar with the author you need to start following her either on Instagram or Facebook, she posts her poems online and you'll be hooked!

The first book of poems I read was La Douleur Exquise and I was hooked. Tell Me Where It Hurts is definitely a book worth reading, do yourselves a favor, you have to read these beautiful words ♥

Pari says

Received an ARC from the author. Originally written on Pari's Books!

I have been a huge fan of JR Rogue and her poetry on Instagram. She is an inspirational woman; for me, to open up and write what I'm passionate about: life. check her poetry out on her Instagram and check out her website and show her some love! She is really active on social media, so be sure to follow her.

I received this book a long time ago and had read it a long time ago, as well. But, time did not permit me to write a review for this heart-wrenchingly beautiful set of poems.

But first off, I will start with the dedication:

For the caged birds,
If I can sing,
so can you.

Bam. Straight in the feels.

Her description of people is so filled with love. Here's an example for the poem Circus 2005.

You changed your tie 27 times
t h i s w e e k to match her eyes.

This whole book is about pain, and heartbreak and love and unloving and everything in between that causes humans to feel pain. It is rollercoaster of emotions, from feeling romantic to feeling hatred all in one stanza. This woman can write.

They say they want
to teach me about fire—about me.

My favourite poems, which were some of the best of the best, in this book are He Wants to Be a Poem, Self-Harm, Baptism, The Butterfly Effect, You can Get better if You Try, Girl Crush(ed), Another Morning Manic, and Lucky 13.

My favourite line:

She tells me everyday she is in love
with the world.
I ask myself
what the rest of us
are doing wrong.

I love how open she is to all issues. I love that she has learnt to be true to herself and be an open book through her poetry. I love the fact that she can make me feel. Most of all, I want to thank her for inspiring me

to write poetry, however bad I may write.

"I can't live with so much hate. I can't."

Arrianne says

so full of raw emotions. grateful to have read this.

Layla says

I fell in love with poetry in high school and then took over a decade break from reading it. That was until I stumbled across J. Rogue's work.

Her words are full of so much feeling and emotion.

I once expressed that I felt like she was writing my pain. She takes experiences and grief and turns it into art.

Although it can feel like running water over a burn it also feels like relief and hope all in one breath.

This book was raw and meaningful. It comes highly recommended!

Madalyn Beck says

Tell Me Where It Hurts - 5 stars

This hurt. My chest was aching as I read about the sorrow, heartache, and daily struggles. About all the places we hate to go inside ourselves. To taste those sore spots all over again.

J R Rogue has always been one of my favorite poets, but this book... It will cut you hard and deep. You'll feel the tragedies and the self doubt that lingers inside all of us. You'll fall under waves of guilt and regret, but most importantly the truth. The words so many of us have stayed silent over. Zipping our mouths shut, praying that if none of us make a sound then it never really happened. We hope to live in the stable home of silence.

But this book is not silent.

Okay. Now that I'm back from that...

Intimacy is out of the question.

First times require shots.

I jumped ship twice

when the threat of a ring hopped on board.

I always have one hand on the ledge.

& if you won't push me I'll find
an excuse
to let go.

Tell Me Where It Hurts is built on the backbone of powerful emotions, drilling down into the nitty gritty of life. There is no filter. From the most brutal moments people have lived through and dealt with, to the day-to-day struggles with anxiety and depression. We all have our bad moments. We've all lived through terrible things. And we still do.

The hardest part about this book of prose was reading about the abuse. I know it's out there and we need to speak openly about it. Abuse is not okay, and no one who has endured such things should stay silent. However, that doesn't make it easier to read about. It breaks my heart knowing that people can relate to such awful circumstances with people they should be able to trust.

He buried the little girl that lived inside
of me before she had a chance to smile all
of her smiles.

The point of this book: you are not alone in your feelings.

Where we say grace, & I pray to a
God that does not answer me.
Where I smile pretty, & perfect.
Where I will
myself undamaged.

My fantasies are
folded into paper planes.
They fly away the way I wish to.

This book of prose is far better than her first - not to make her first book of poetry, *La Douleur Exquise*, sound like it was bad. I found her first book to be fantastic, but I was swallowed up in this, utterly consumed. So, read this book. Grab some tissues and maybe a box of chocolates. It's going to hurt.

Release date is July 19th.

Isabelle says

Everyone go read this book!

Rogue's poetry is fragile and brave. She describes herself as playing Russian Roulette with her body, and the hints of things she has been through suggest pain has been a game of tug and pull her whole life.

This book does not shy away from blame, social critique, feminism, opinion, or raw emotion.

I really appreciate that this book has been written and I am in love with this beautifully orchestrated writing.

Lisa says

I was gifted an ARC in exchange for an honest review.

Tell Me Where It Hurts By: J.R. Rogue is pure poetry addiction! Rogue makes dark and broken hauntingly beautiful. The emotions that she puts into her writing shows its nothing but the truth, she doesn't shy away from what is raw, what is real!

Each poem speaks volumes of beautiful words about being broken and you can't get any more real than that 5 stars for this poetic masterpiece.

Rehan Abd Jamil says

Sometimes it's okay not to feel okay..after all we are only humans..

Talon says

I'm not too crazy about poetry. A little bit here and there in the book I am reading is good enough for me. But J.Rogue has a way with words. She manipulates and twists them into the type of words your soul needs to hear at the right exact time.

I read these poems off and on for about two weeks.

Slowly. Calmly.

I embraced them and swallowed them whole. Don't read this all in one setting! Savor it and make it last. Make it count.

Maybe it was the frame of mind I have been in these last couple of weeks or maybe I just needed this collection. Either way, it's a great read.

Chasity says

A lot of the pieces from this collection I felt as if they had come right out of me. You want me to tell you where it hurts? Everywhere! This one was deep, raw, and unforgiving. I loved it, J.R. Rogue has such a way

of painting words that relate on such deep levels. She will forever be one of my faves.
