



Relax More, Try Less: The Easy Path to Abundance

Neville Goddard , Tim Grimes

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"Neville may be the positive-thinking movement's most radical and subtly influential voice."

- Mitch Horowitz, bestselling author of "One Simple Idea"

Is it possible to quickly achieve your goals *just by relaxing more*?

Are you sick of being stressed out and unable to reconnect with what you *really* want in life? Then this powerfully unconventional advice is for you.

This book is going to show you the necessity of relaxing *in order* to get what you want.

The unusual recommendations in this guide are practical suggestions that you can start using immediately.

Whatever you are looking for – whether it's more money, improved health, better relationships, more free time, a greater sense of well-being, a fancier car – you'll often get it faster *if you try less*. Inside you'll learn how to:

***Work less to achieve your goals faster**

***Gently deal with your stress in order to eliminate it**

***Enhance your work-life balance to your liking**

***Finally become an expert of personal time management**

***Unlock keys to creativity and effortless inspiration**

Don't delay finding out about this life-changing information. Scroll up to buy your copy today!

Relax More, Try Less: The Easy Path to Abundance Details

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From Reader Review Relax More, Try Less: The Easy Path to Abundance for online ebook

Lisa Shultz says

I listened to this book on Audible-just over an hour. The first half got tiresome due to the repetition of the word "relax" to the point of irritation. Got the point. The second half had some good elements but it seemed to me that not all the dots were connected for the reader. Visualize it, feel it, believe it. But first relax.

Idil Ta?ba?l? yaz?c? says

stop trying so hard , start relaxing more

why the easiest thing should be the most difficult to achieve... we just need to remind ourselves To Relax and Be ... it is All in there

gail seary says

Nothing new here

As someone else has stated in their review, just read Neville. The author adds nothing new or insightful here and quotes Neville Goddard predominately, why waste your money, go for the real thing (Neville).

Sheila says

“From the time he began teaching the 1930s, and until his death 1972, Neville [Goddard] beautifully expounded upon the main concepts of this guide.” So says co-author Tim Grimes as he introduces readers to his predecessor’s wise suggestions. The central theme, that learning to relax will paradoxically help us achieve more in the modern high-speed world, is well-taught (though not necessarily as “logical” as the author would suggest).

“By allowing ourselves to relax, we begin to naturally fall into a state of subtle gratitude and humility,” says Grimes. It’s not our thoughts that drag us down, but rather our “dysfunctional relationship with them.” And failure is all too often a failure of the imagination. Injunctions to imagine what we want rather than dwelling on what we lack echo religion’s “Just have faith” mentality, but Grimes keeps his writing both secular and simple, offering exercises and wise advice that anyone can apply.

Goddard phrases it all more spiritually, viewing Biblical texts as metaphor rather than history, and offering quotes like, “As a man thinketh in his heart, so is he.” A strong emphasis on feeling might suggest we just need to do what feels right, but Grimes does a nice job of promising nothing, offering much, and letting readers interpret the meaning as they choose.

Disclosure: I was given a free copy and I offer my honest review.

Keith Mitchell says

I really feel good after reading this inspiring book

This was a great book that I feel would be helpful too people suffering from anxiety like me self. We simply have too fall back and relax more. This book is a good guid for obtaining the feel of relaxation which will open doors for a much happier and fulfilled life

Abdullah Bahanshal says

Light and useful book

Tim managed to summarize and also emphasize on Neville key messages about how to feel the wish fulfilled and to imagine it hence you will be able to seek what you desire wisely.

Sarah says

While I found some of the stories hard to believe or likely exaggerated , the basic premise of relaxing and being more positive is sound.

Walford says

I don't spend much time in the Manifesting end of the Self-Help pool, but I'm here to tell you it feels really good to let go and imagine yourself happy and fulfilled. Whether it 'works' or not (whether I end up getting what I think I want) I'm taking these techniques to my grave. Gonna read everything else by Tim Grimes and maybe everything Neville Goddard ever wrote too.

Yazaid Ahmed says

Beautiful calming piece

Simple sweet and soothing. Surrender to the Creator of all existence. You can go to sleep peacefully. He never sleeps nor slumber. Enjoy every single possible moment of enjoyment

Liz says

it's simple, it's good. a nice reminder, shared it in audio form with my family. we all probably needed it.

Sarah Lombard says

It was great! In these very anxious times when a lot of us are doing that getting older running around need to get it done thing, this book talks about just how letting yourself relax gently into your feelings you can imagine yourself into a better life just allowing yourself to be let into good things by relaxing and seeing where it takes you next

andrea dimichele says

Impressive info, less is more

Enjoyed the book, very good info that can prove helpful.
Well worth it at a great price. Dr Dyer recommended.
