



# Love It Forward

*Jeff Brown*

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## **Love It Forward** Jeff Brown

In this magical collection of quotes, aphorisms and blogs, author Jeff Brown shares more of his well-loved ‘spiritual graffiti’ with us. Building on the success of his first collection, *Ascending with Both Feet on the Ground*, Brown has put together another wondrous book, this time including many of his most profound love and relationship quotes with the reader. With a writing style that is unforgettably unique, he reminds us of the magnificent life that awaits us. And with grounded wisdoms that enhearten and elevate, he reminds us that we are never alone in this beautifully relational human dance. We become the love we have received, and we love it forward to those we touch.

In an era when readers often have little time to read entire books, this brilliantly hearticated collection of wisdoms will immediately engage your interest. And, as an added bonus, he has included some of his most inspiring blogs in the collection, including ‘You are Sacred Purpose’, ‘Apologies to my (sweet) body’, and some of the poignant inspirations he wrote for ABC’s ‘Good Morning America’. *Love It Forward* is a fantastic gift book and the perfect companion for anyone seeking support on their quest for a more authentic and meaningful life.

## EARLY PRAISE FOR LOVE IT FORWARD...

“*Love It Forward* offers readers delicious wisdom and uplifting insights about everyday life and what really matters, like love, for instance. This book is delightful.”

—CAROLINE MYSS, Author of *Anatomy of the Spirit* and *Sacred Contracts*

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“An exciting, vibrant, juicy, challenging book by one of our bravest and most illumined writers, a Lion in the making.”

—ANDREW HARVEY, author of *The Hope: A Guide to Sacred Activism*

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## **Love It Forward Details**

Date : Published 2013 by Enrealment Press

ISBN :

Author : Jeff Brown

Format : Paperback 182 pages

Genre : Self Help

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## From Reader Review Love It Forward for online ebook

### Laurie says

Oh, Jeff Brown. What a beautiful soul. And such wisdom. I loved this little book. It touched my heart and made me feel warm and fuzzy all over - something that very few books are able to do for me. What a gift. I will cherish this book for a long time.

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### Lisa says

#### Honest, soul stirring look at one's true self. Ready or not, lessons are taught

Don't be fooled by plays on words, there are substance, love, life, and soul lessons between the lines. Read, reflect, apply, repeat.

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### Jessica Adkins says

An excellent collection of some of Jeff Brown's best works. You'll flip it cover to cover in a short period time, but the words will resonate with you!

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### Jennifer says

Read this after reading "Ascending With Both Feet On The Ground" and it felt like much of the content was similar, if not exactly the same. It's still chock full of good advice and insights, just felt a bit repetitive.

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### Julie says

i wanted more

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### Amy Vey says

What a wonderful book! The author has some amazing words to say, and as you read they will begin to resonate, some more than others depending on your life's experiences. If you want more of Jeff Brown and his hearticulate wisdom, you can find him on Facebook where there is always a posting to contemplate! Again, someone who was able to take his life's lessons and turn them into gems of knowledge to help others move in the direction of living life right now, acknowledging all that is, and Loving it Forward!

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### **Isaac says**

Very powerful quotes that really spoke to me. Its very clear that Jeff Brown really understands personal growth and our journey in this world. He is not preachy and since he talks so much from hard learned personal experience he comes off as humble and seeking truth. As soon as I finished reading the book, I ordered his other two books.

“Our soulpod is that person or group of people whom our soul finds the most resonance with at any given moment – people of ‘soulnificance.’ I can include anyone that appears on our path to inform and catalyze our expansion – our family of origin, significant figures, [friends,] strangers with a lesson. How long they stay depends on the lesson. It could be a moment, a decade, a lifetime...

...When I was less individuated, it had been easier to make friends. The more amorphous we are, the easier it is to find someone to have a drink with. But now I didn’t want to just have a drink. I wanted to be met in the deep within. I wanted to connect with people walking the same soulbeat – less ego, more essence, true to path.”

-- Excerpt from “Love It Forward” by Jeff Brown (Awesome book!)

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### **Sakinah says**

I read this book a lot! It's my daily waking up kiss because I place it near my bed and everyday or as needed I will turn the pages until I randomly stop on one and that would be the quote or advice of the day! It surprises me all the time how beautiful it's to communicate with the universe through a book!

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### **Darcy Bellows-Mascorro says**

Great wisdom and authenticity. I loved it.

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