



# Learning RFT: An Introduction to Relational Frame Theory and Its Clinical Application

*Niklas Torneke*

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## Learning RFT: An Introduction to Relational Frame Theory and Its Clinical Application Details

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## **From Reader Review Learning RFT: An Introduction to Relational Frame Theory and Its Clinical Application for online ebook**

**Angela says**

**Great intro to RFT and it's clinical applications**

This is a nice intro to RFT and it's clinical applications. I like the bottom up approach to describing the theory, research methods, principles indicated by this, and finally clinical applications and examples. It does a nice job of not getting too bogged down in any of these elements. It's a nice continuous flow from basic research to clinical applications. The application of these principles to understanding other treatments was "grand" but appropriately so.

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