



# Attitude is Everything: 10 Life-Changing Steps to Turning Attitude Into Action

*Keith Harrell*

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## **Attitude is Everything: 10 Life-Changing Steps to Turning Attitude Into Action** Keith Harrell

In the world of motivational speakers, Keith Harrell is a star. Clients such as IBM, Coca Cola, and AT&T know it -- that's why Keith is one of the most in-demand speakers on the circuit. Now, in *Attitude is Everything*, he shares the secrets that got him where he is today and provides you with a program for developing a healthier, happier attitude.

This is an enlightening, inspiring, and practical guide for gaining control of your career and your life by ridding yourself of negative attitudinal baggage, building positive attitudes, and then turning them into actions to help you achieve your dreams.

## **Attitude is Everything: 10 Life-Changing Steps to Turning Attitude Into Action Details**

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Author : Keith Harrell

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## **From Reader Review Attitude is Everything: 10 Life-Changing Steps to Turning Attitude Into Action for online ebook**

### **Mohammed Almahfoudh says**

"I can't do anything right" , "I really unlucky", "I'm stupid". Those were some of the things we say aloud about ourselves, but more importantly we keep repeating them when faced with difficulties in life. This book is basically an attitude corrector. After reading this book the above phrases should sound something like this: "I can do anything right, if I really want to do it" , "I'm the luckiest person on this earth" , "I'm a genius". Well, I might have exaggerated the above phrases, but we really should think in a positive way, that's what this book is trying to tell us.

One of greatest things about this book is that it gives you a step-by-step walkthrough to teach whatever concept or new trait it suggests you acquire. Not only that, it gives you real-world examples of people who used to have the same bad/good attitudes and what they did about it. At the end of each chapter of this book, there is a summar called "Attitude-Tune Up" that tells you briefly about what the chapter discussed.

Most importantly, after reading this book , you'll realize that attitude is everything indeed.

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### **Phino DeLeon says**

Loved it!  
One of my favorite self help titles.  
Super-Fantastic!

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### **Lindsay says**

Enjoyed the book - lots of good reminders about how changing your own perspective really can help drive solutions to everyday problems. You will never think of the phrase super-fantastic in the same way before this book.

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### **Don says**

I was read this book because it was recommended to me, and it's like gum or a breath mint: if someone offers it to you, there's a reason and you should take it. So I read it (audio book via audible actually) and it was worth reading. There's some real tales of hardship out there in this world, and as long as you remind yourself of this you can keep perspective and realize that things really aren't all that bad. Actually they're pretty great. So if you convey this to others, it's a self-fulfilling thing, what goes around comes around. So if you think you might need some attitude tuning, check out this book. It's only a hundred pages or so, and the audible

version is pretty good (read by the author, who is a professional speaker.)

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### Cát T??ng says

The great self-help. Thank you very much!

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### Matt Leiv says

At first this book seemed dull as it was repeating the same general message from so many others. Why not read Dale Carnegie again? However, his unique stories and perspective added substance to a common message. Highly recommended read.

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### Alaa Bit Hashim says

"Challenges- life is full of them; without them, how would you know and realize the awesome power that lives within you." - Keith Harrell.

Another great inspirational and motivational book, I personally believe that you can never have enough of such books, we all need constant reminders that we have the power to achieve our dreams, we all need to be reminded of how our way of thinking can make significant changes in our lives.

Keith is without a doubt a great motivational speaker, and in this book he gives great advice on how simple changes in ones attitude can make a big difference.

Very inspiring, motivating and enlightening.

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### Ghadeer Al-saleh says

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### Andre says

while the writing is simple and examples one-dimensional, the intent and guidelines for his philosophy are intact and beneficial

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### Michelle says

This book didn't have enough "meat" for me. It was high-level, surface, anecdotal fare that occasionally had a message worth taking notes on (I often take notes on books, particularly business books, but found myself

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taking very few with this one).

I came across this book while browsing the recently-returned books at the Edgewater location of The Chicago Public Library. I figured someone must have found a reason to read it, and the title sounded worthwhile (particularly in a time when so many of us are frustrated with various things in life).

Probably the most important quote from the book would be that below. My husband and I approached raising our children with this philosophy, and so it resonated:

“As a child, I don’t remember wondering whether I would succeed or not. The only question was, what would I have to do to succeed? That’s one of the most valuable gifts my parents gave me” (p. 18).

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### **DPetrichor says**

Listening to Keith harrell was a pleasure. Whatever he says in this book carries a lot of weight. I thoroughly enjoyed listening to this audio book and got inspired for sure! Though I didn't pen down anything....I'm sure my subconscious has retained some of the great things he has spoken about!

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### **Carol says**

I was fortunate to see this speaker many years ago, and discovered his book in my "to read" stack. In googling the author to see where he is today, I was saddened to learn he passed away in 2010. The book is a bit dated and examples/stories very simple but concepts good; more recent research on happiness and positivity by other authors bring Harrell's concepts to a new level in today's world so I don't know I would recommend the book to others. Probably more inspiring is to find a YouTube video of the author.

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### **Sachin Ganpat says**

There wasn't much of anything in the book that was new to me.

The author does give some good points, and I did feel my motivation go up after reading this book. It's evident that Keith Harrell is indeed a good motivational speaker.

If you've never read anything about self-motivation before, then this is a good book to start with.

You may also appreciate this book for a quick pick me up when you're feeling a bit down.

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### **Koby Bryan says**

This book was an abundance of mental health actionable guidance, packed in a very readable principled-story format. It is making its way into my permanent collection as an incredible reference book. I am actually carrying this book with me to randomly re-read parts of it during the day!

## **Lisa Ryan says**

I liked Keith's enthusiasm as he shares this story about how to get to his current level of success. It's a little more autobiographical than I like. I love to hear stories and I'm also looking for high content.

As a classic book on gratitude, I included it in the recommended reading section of my book *The Upside of Down Times: Discovering the Power of Gratitude* which can be found here: <http://amzn.to/NjNs06>

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