



Theology of His Body/Theology of Her Body: Discovering the Strength & Mission of Masculinity/Discovering the Beauty and Mystery of Femininity

Jason Evert (Foreword) , Christopher West (Foreword by)

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Theology of Her Body and Theology of His Body will feed your teens with liberating answers to their most pressing questions about love and sexuality. These books offer solid, relevant teachings in a language teens understand. But more than just presenting the truth itself, they deliver the tools teens need to achieve the greatness for which they were created. This book comes at a critical time, because tragically, many teens have forgotten their calling, or worse, have never heard it. As a result, they don't know who they are or who and what they are meant to be for one another. This means they often resort to "using" instead of authentically loving others and themselves. Theology of Her Body and Theology of His Body are two books in one. Teens are encouraged to not only learn the truth about their own body, but also to discover the beauty of the opposite sex, for it is

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Paul says

I found these good [Theology of HER Body, and flipping over, Theology of HIS Body. These are considerably written down and simplified follow-ups to John Paul II's great work on Man and Woman ..., Theology of the Body. I found the traditional ways of putting the differences between men and women strange on occasion. But then I reflected, I had gotten culturally conditioned by modernity.

These would be hard for modern teenagers to understand, but then again, that is the issue. The new culture which is hypersexualized demands that teenagers who want to control their sex drive have to stand against the predominant culture.

Jacob Watson says

Good introduction and insight on theology of the body.

Craig says

This book was small, but it packed a big punch. I could do with re-reading this from time to time.

Rena says

Amazing outlook on how we should view ourselves. This book has completely changed the way I look at people and I highly recommend that everyone reads this book. It is short and simple, but packs a huge message. We all need to live in love and stop hurting each other. If only everyone in the world viewed each other like this. We would never see pain in relationships again.

Amy says

Awesome book.

booklady says

This is the book I'd like to put in the hands of every young person—male or female. Tantalizingly, feminine and masculine theologies are presented on reverse sides of the book, so that you really end up with two books in one. Of course curiosity about the opposite sex being what it is, the author hoped men and women

would be just as interested in the information about the opposite gender as they were in their own.

Jason Evert's Theology of His/Her Body does a beautiful job of explaining the two very different functions of men and women. It is the male's responsibility to serve and sacrifice for the female and his role to initiate the gift of love and life. In these actions, the male imitates his Creator as our Warrior, King, Bridegroom and Father. The female on the other hand is a mystery to be revealed, a relationship to be pursued and a beauty to be unveiled. Women have value as daughters of the One True God, created in His image and not because of the clothes they wear or do not wear. I have seldom read feminine worth so poignantly explained as I have here; would that every young girl could know her true treasure.

We are reminded that just as, '*It is the glory of God to conceal a matter...*' ~Proverbs 25.2 so it is also the proper attitude of a woman who knows her value to veil her mystery.

It would be worth buying this book and giving it to a young person even in the *hope* (s)he might read it.

Princess Scarlett says

One finds it very easy to Digest yet quite rich considering the thickness of the book. Jason's style of writing or getting the message across has never failed to make one laughs, keep the subject light yet really get the message across.

Trista says

I can't help but think that if I'd read this when I was a teenager, or at least before "TOB for Beginners" by Chris West, I would have given it 4 or 5 stars.

I do feel that it could have gone a little softer on the repetition of the same ideas and the same scriptures, and a little heavier on the practical application, but that's just me. Of course, it's only about 85 pages, so that may be asking a bit much.

At some point, I'll probably end up feeling bad because I love the Everts, and upping it by a star, so there's that :P

Teresa Bradshaw rodenbaugh says

Easy and short I love this book for how it puts the modesty God calls us to into a simple language that is easy to understand. I have given it as a gift to young adults and I'm also having my teenage boys read it in hopes that they will understand our bodies are beautiful and our sexuality is a gift to be cherished.

Benjamin Jozef de Leon says

Excited to read this book! *giddy*

Erik says

Good, reality-based approach for young adults. It is aimed probably best at teens at least 14 years old. Definitely aligns with all I know about the Theology of the Body.

Atlantis says

This was just an okay read but I gave it 3 stars for effort. I admire the author's attempt at helping adolescents connect with their spiritual side and also how important it is to develop a relationship with God. However, I think the book falls a little short on practical advice and relies heavily on some flowery passages from the bible that might be over the heads of many adolescents. I do plan on letting my children read it but I will be following them closely. I even wrote in the margins and overused my pink highlighter....

Christian says

As a Reformed Presbyterian, I had a little struggle reading between the Catholicism to find the meat. But the author does have a lot of valuable analysis/insight for both young men and young women about relationships and purity.
