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Paul D. Tieger & Barbara Barron-Tieger

Just Your Type: Create the Relationship You've Always Wanted Using the Secrets of Personality Type

Paul D. Tieger , Barbara Barron-Tieger

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Discover how the secrets of Personality Type can enliven your love life! Learn the real reason why your strong quiet type has trouble expressing his feelings. Or why your social butterfly is always flirting...or why the neatnik in your life just can't leave that dirty sock where it is...or why the hopeless romantic really is blinded by the stars in his eyes. Whether you're evaluating a new relationship or looking to strengthen the one you have, this savvy guide will provide fresh insight into the mysteries of love. Barbara Barron-Tieger and Paul Tieger explain that it's not gender but personality type - your natural tendency to be outgoing or quiet, methodical or whimsical--that rules the way men and women relate. Drawing on twenty years of experience as well as groundbreaking new research, they explain everything you need to know about Personality Type, and offer an individualized approach to improving your love life. Once you've discovered which personality type describes you and your partner (or potential partner) best, you'll recognize your own behavior patterns, understand more about your partner's strengths and quirks, and learn

Just Your Type: Create the Relationship You've Always Wanted Using the Secrets of Personality Type Details

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From Reader Review Just Your Type: Create the Relationship You've Always Wanted Using the Secrets of Personality Type for online ebook

Heather says

This book is about the 16 Myers-Briggs personality types. It helps you understand yourself, and if you can figure out people in your life, it helps you understand them, too. I love learning about personality types and find this book interesting.

Kristina says

It was okay. It was informative and I do see the merit in using type to improve your relationships. I'm not too keen on using type to find love relationships. I think in the real world it would end up disastrous for the most part.

Fatemeh Majd says

not for singles.

Elahe says

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Mohammad Linux says

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Jessie says

Again, I am very intersted in personality traits. If you can pinpoint your spouses and your own personality type (out of 16 different combinations) then you can read about your marriage relationship. It is crazy how much of it is true. They offer up suggestions for both partners in how to make that particular combination better as a whole. It is great! I also highly recommend this one to anyone who is married.

Andrea Wenger says

Every romance author should read this book. It's a fantastic resource for understanding what attracts different types to one another, how they come into conflict, and how they can help each other grow and develop over the course of a novel.

Leslie Jem says

Very helpful; I found out that I am an INFJ.

Crystal says

This book, like all the books by the Baron-Tiegers, is a great book. I did not read every single page, because I'm not every single couple combination possible, which is what this book spells out. there is a chart after the introductions and explanations of type and type interaction that breaks couples' combinations down by page. Find you and your partner's type combination and flip to that page. It was almost uncanny how accurate and insightful the comments were, and the authors not only describe what already is, but also give excellent advice for how to maximize the differences and similarities of your pairing. This book was so insightful even my anti-personality-type husband was wowed by it! an excellent tool for anyone who would like to make their relationship run even smoother--and who wouldn't?

Courtney Willis says

love this stuff so much. myers-briggs based description of intimate relationship & much of it is dead on!

Ahmad hosseini says

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you worry about money and she likes to shop. I predict financial difficulties later on so you will both need to be weary when it comes to your own personal and combined finances" Should I get a crystal ball and set up shop at the fair? No.

If you want help, I suggest therapy. It is better to talk to a professional who can help you sort through your problems and work out your problems instead of you trying to do it all on your own with a silly book. Or if you can't afford therapy, good friends can also help do the trick. This book didn't help him and it didn't help me. Hopefully it did someone else because it is quite a popular book.

Heather says

More like 3/5 stars. A lot of review information, but the cross section on personality combinations was very interesting.

Paul says

Top 5 Greatest books EVER!
