



Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors

Nick Duffell , Thurstine Basset

[Download now](#)

[Read Online](#) 

Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors

Nick Duffell , Thurstine Basset

Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors
Nick Duffell , Thurstine Basset

Trauma, Abandonment and Privilege discusses how ex-boarders can be amongst the most challenging clients for therapists; even experienced therapists may unwittingly struggle to skilfully address the needs of this client group. It looks at the effect on adults of being sent away to board in childhood and the problems associated with boarding, which have only recently been acknowledged by mainstream mental health professionals.

This practice-based book is illustrated by case studies, diagrams and exercises and is divided into three parts: 'Recognition; Acceptance; Change'. It aims to help readers understand the emotional processes of boarding and the psychological aspects of survival, outlining the steps toward recovery and the repercussions of survival. The book also explores how ex-boarders frequently struggle with intimate relationships with spouses and partners and offers interventions and strategies for those working with ex-boarder clients.

Trauma, Abandonment and Privilege will be of interest to therapists, counsellors and mental health workers across the UK. It will also be relevant to those who are well acquainted with boarding schools based on the UK model, for example in Canada, Australia, New Zealand and India.

Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors Details

Date : Published April 23rd 2016 by Routledge

ISBN : 9781138788718

Author : Nick Duffell , Thurstine Basset

Format : Paperback 190 pages

Genre :

 [Download Trauma, Abandonment and Privilege: A Guide to Therapeut ...pdf](#)

 [Read Online Trauma, Abandonment and Privilege: A Guide to Therape ...pdf](#)

Download and Read Free Online Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors Nick Duffell , Thurstine Basset

From Reader Review Trauma, Abandonment and Privilege: A Guide to Therapeutic Work with Boarding School Survivors for online ebook

Alex Linschoten says

A more outspoken / partisan account (especially when compared with Boarding School Syndrome: The psychological trauma of the 'privileged' child) of the trials, tribulations and (sometime) survival of children who were sent to boarding school. Takes a more practical approach. Lots of suggestions for therapists and their patients, and a nice integration of thing relating to the ongoing science of trauma studies. Recommended, but not as your first and only book.
