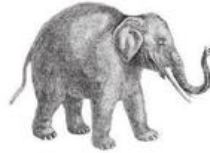


"Brimming with awe, insight, and optimism."
— WAYNE PAGELLE, president and CEO
of the Humane Society of the United States

THE ANIMAL MANIFESTO



SIX REASONS FOR EXPANDING
OUR COMPASSION FOOTPRINT

MARC BEKOFF

author of
The Emotional Lives of Animals and Wild Justice

The Animal Manifesto: Six Reasons for Expanding Our Compassion Footprint

Marc Bekoff

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The Animal Manifesto: Six Reasons for Expanding Our Compassion Footprint Marc Bekoff

In this inspirational call to action, Marc Bekoff, the world's leading expert on animal emotions, gently shows that improving our treatment of animals is a matter of rethinking our many daily decisions and "expanding our compassion footprint." He demonstrates that animals experience a rich range of emotions, including empathy and compassion, and that they clearly know right from wrong. Driven by moral imperatives and pressing environmental realities, Bekoff offers six compelling reasons for changing the way we treat animals — whether they're in factory farms, labs, circuses, or our vanishing wilderness. The result is a well-researched, informative guide that will change animal and human lives for the better.

The Animal Manifesto: Six Reasons for Expanding Our Compassion Footprint Details

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From Reader Review The Animal Manifesto: Six Reasons for Expanding Our Compassion Footprint for online ebook

Abby says

In this thoughtful, optimistic, and compelling plea, Dr. Marc Bekoff argues that we need to "expand our compassion footprint" toward animals. This means showing gentleness and respect toward your dog, the squirrels in your backyard, the calves in the rodeo, the tuna in the ocean, and the elephants in the circus. Bekoff, professor emeritus of ecology and evolutionary biology at UC Boulder and scholar-in-residence at the Institute for Human-Animal Connection, shares examples from a wide range of animals, arguing for their intelligence, emotional perspicacity, and individual needs. Brief but rewarding, I wish every American could read this book. I think we'd see a small revolution in animal treatment if they could.

Marília Domingos says

Mais um livro que acrescento à minha lista de favoritos. Bastante simples de compreender e de ler mas bastante directo na mensagem que pretende transmitir: temos de mudar urgentemente a forma como temos vindo a tratar os animais. Baseia-se em 6 razões principais para que o façamos:

1- Todos os animais partilham a Terra e temos de coexistir. O Homem tem vindo a invadir o espaço dos animais e não exita em eliminá-los com uma bala ou duas quando estes também o fazem, mesmo que essa seja a solução mais preguiçosa e incorrecta para resolver a situação. Temos de aceitar que os animais têm tanto direito a terem o seu espaço como nós; 2- Os animais pensam e sentem. Neste capítulo, Marc apresenta um conjunto de irrefutáveis provas de que os animais não-humanos sentem, têm raciocínio e conseguem demonstrar sentimentos e comportamentos complexos; 3- Os animais têm e merecem compaixão. É nosso dever tratar os animais com compaixão. Compaixão gera compaixão e quanto mais oferecermos, mais receberemos!; 4- A ligação origina respeito, a alienação origina desrespeito. Quando começamos a tentar repudiar e eliminar o nosso "animal" interior, começamos a tratar todos os seres não-humanos com desrespeito. Nós também somos animais e deixar de os ver como seres únicos, com personalidades e características próprias, deixamos de nos preocupar com a forma como os tratamos; 5- O nosso mundo não tem compaixão para com os animais. Neste capítulo, Marc descreve a forma como temos vindo a tratar os animais na pesquisa e experimentação, na alimentação, no vestuário, no lazer e como os animais têm vindo sofrer com isso; 6- Agir com compaixão ajuda todos os seres do nosso mundo. Aqui, somos incentivados a fazer pequenas mudanças no nosso dia-a-dia, a tornarmo-nos todos activistas pelos direitos dos animais e a não deixarmos os braços cruzados. Tratar todos os animais com compaixão pode até incentivar os que não o fazem a mudar o seu comportamento.

Este é um livro bastante fácil de ler e que recomendo. É uma ótima sugestão para um presente de aniversário ou Natal. Não conhecia este autor mas reparei que partilha dos mesmos ideais que eu e que a nossa forma de ver as coisas é extremamente parecida. Por vezes, parecia que estava a ler o meu próprio pensamento. É, sem dúvida, um livro que apela a que pensemos no seguinte: Se os animais podem pensar e sentir, o que pensarão e sentirão sobre as maneiras como os humanos os tratam?

Wendy says

Just a quick review here: I like Bekoff, but this book is a general primer, an introduction to animal rights, and there are several places where he contradicts himself. We talked about this in our animal rights book group

yesterday and the general consensus was that indeed this is not for hardened AR activists, and likely not for those into direct action. However, for Buddhists and other positive people who don't know much about animal rights I can recommend this book. It's written in a kind, considerate manner and Bekoff appears open to being open to others. He does not do a hard sell for the most part. I was disappointed in his lack of response to the dairy industry -- in the chapter on vegetarianism he does not link dairy and meat at all; and he is too wishy washy about animals being used in experiments. Although he does quote Twain (to paraphrase: it doesn't matter what good comes from vivisection, the horrors of the experiment are all you need to know about to know that it is a cruel and terrible thing), he also talks about enriching animals' lives in laboratories, as opposed to the reasoning behind the need for using non-animal models exclusively. But in other places he does come across that way, so it's kind of a schizophrenic read.

Shelly says

A great read for anyone who wants to create a more compassionate world for future generations.

Liz Estrada says

I only gave this 3 stars because I knew most of what was in this book already, but for novices on this subject it's a good place to start and get informed on a more compassionate way of living.

Alex says

Not the most persuasive book, but certainly enlightening. I found Marc Bekoff to be repetitive at times, but the few powerful, resonating passages I read from the book made it worth it.

Max says

[The Animal Manifesto](#) is a book that everyone should read to understand both their own and other animals psychology.

[The Animal Manifesto](#) talks about how animals think and how we are equals. The book has 6 chapters each just 6 reasons of why animals should be treated better. [The Animal Manifesto](#) proves (or at least makes a good argument) Human ignorance and selfishness. It gives examples of study's that show animal intelligence, emotions, and an understanding of what's going on around them.

I recommend [The Animal Manifesto](#) to anyone who wants to learn more about animals and how they think. I also recommend this book to anyone that thinks animals are lesser than Humans (for one they should look up the scientific definition for animal to see that Humans are also animals).

1 book

Brooke says

Thought provoking. This book will definitely make me think more about my actions and how they impact animals, as well as stand up for them. I am definitely going to embrace an even more veggie lifestyle than I already do.

Fernando says

Great book, There's a lot of news on animal rights on the last years, interesting views from ethologist Marc Bekoff.

Martin says

Animals deserve our compassion and respect. In this scientifically grounded book, emeritus professor Dr. Bekoff convincingly argues to rethink how humans relate to animals; whether we hunt them down for sport, eat them, research them or use them for our entertainment. A disturbing, but essential read for all who say they care about creation.

Sally says

The Animal Manifesto is a good introduction to animal rights, but not recommended for the experienced activist. It covers basic issues such as factory farms, animal sentience, and the use of animals in science, but spends a surprisingly large number of words talking in circles and reiterating previous points.

Vidula says

Definitely not a book for anthropocentric people, but for me, it just opened my eyes to how terrible zoos are to animals. It also shows our interdependence to them, and kind of discouraged me from becoming a biologist... I don't want to kill animals :'(

Bobby says

Marc Bekoff's *The Animal Manifesto* is a great starting place to become aware of the relationship between humans and animals, a great introduction to the idea that we are all animals, humans and otherwise, and that we're meant to largely coexist, not be in constant conflict. Bekoff covers a lot of ground in this book, from farm animals to pets, marine life to wildlife, from circus animals to animals used in scientific studies and more. Bekoff approaches each of these scenarios with a deep understanding of the intelligence, etc. of animals and how we do and/or should relate to them. In fact, in the end I felt like the greatest strength of this book was how the author encouraged unity, both humankind with the other animals with whom we ostensibly share this planet, as well as with fellow humans who may see things a little differently or be in

circumstances that have a major impact on how they act in terms of animal life. One thing that becomes clear, both in this book and in life in general, is that the more we learn to empathize with all animals the more compassionate we will be to all living beings. And that's a "win-win" for everyone.

Ali Baylor says

Another great look at the mammal's point of view, including stories of different mammals that will make you realize that we are doing things such as animal experimentation, that no longer can be legitimized. For any reason. In fact, there are stories of science experiment that will shock you, done AFTER humans have already determined the lack of usefulness of certain of the studies in any way. For example, the deprivation studies of monkeys by depriving them of parents as models for human depression, when it has been determined that human depression treatments work very differently on primates than they do in humans.

A fast and easy (not emotionally easy) read- you will finish it in a few hours, if not less.

Tempo de Ler says

{Blog} <http://tempodler.blogspot.pt/2012/06/...>

This book definitely makes us think about what we are doing ... and what we are allowing to do.

Showing human ignorance regarding animal intelligence, Bekoff wrote a book for the general reader - of all ages and both sexes - because we all live in this world and all, in one way or another, deal with animals.

Through amazing stories and studies that prove animals do think and can feel, Bekoff urges us to learn more about them, know their rights and, more importantly, respect them.

I look at this book as something that will lead us to seek other readings of the kind, that stirs our curiosity ... and conscience. That's why I think Bekoff takes an attitude so upbeat and sensible because he recognizes that, in this sense, we advance very slowly, through very tiny steps. That first we need to change mindsets, then, make small changes - and from there to others.

I give five stars to this book, not the way it is written or because it has a superb content, but because it is a book everyone should read.

Este livro põe-nos definitivamente a pensar sobre o que andamos a fazer...e o que andamos a permitir que se faça.

Evidenciando a ignorância humana relativamente à inteligência animal, Bekoff escreveu um livro para o leitor comum - de todas as idades e de ambos os sexos - porque todos vivemos neste mundo e todos, de uma forma ou de outra, convivemos com animais.

Através de notícias espantosas e estudos que provam que os animais pensam e sentem realmente, Bekoff incita-nos a aprender mais sobre eles, a conhecer os seus direitos e, mais importante ainda, conceder-lhos, respeitando todos os animais.

Tenho este livro como algo introdutório que nos levará a procurar outras leituras do género, que nos espicaça a curiosidade...e a consciência. É por isso que penso que Bekoff assume uma atitude tão otimista e sensata porque reconhece que, neste sentido, avançamos muito lentamente, a passos muito pequeninos. Que será necessário primeiro mudar mentalidades, depois executar pequenas mudanças, e partir daí para outras.

Dou cinco estrelas a este livro, não pela forma como está escrito nem porque tenha um conteúdo magnífico, mas porque é um livro que todos devíamos ler.

