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After a near-fatal accident, Logan Walker seeks help to control the compulsive blood fetish that almost cost his submissive's life. Help happens to be in the form of an athletic, smart psychologist by the name of Dr. Kasper Bromley. Kasper, though, soon finds himself swept up in the fantasies Logan came to him to control. Reluctantly throwing his ethics to the wind, Kasper submits himself to Logan, gambling his career, his future, and his heart on this intriguing man and the lifestyle he offers. But when Kasper's desires outpace Logan's, the young doctor is swept down into a whirlpool of sex and sadism that even Logan's love may not be enough to rescue him from.

Catalyst Details

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From Reader Review Catalyst for online ebook

Vivian says

Blood, pain and perfection--a dangerous mix.

Admit what is needed and accept that.

Fine advice unless it's used for rationalization.

Damn. Intensely mindfucking with the convergence of two individuals whose needs are truly a dangerous mix that needs to be handled properly. A catalyst for an uncontrolled explosion that could destroy them both. Neither Kasper nor Logan are psychotic, but their respective compulsions drive them in ways that make their combination hazardous.

Edge play is dicey at the best of times, but with a sub who won't safeword--suicidal.

"Not having limits isn't a limit."

What I loved most about this book?

The Dom's needs and thoughts are expressed. The majority of the story is told from Logan's viewpoint. His desires, his worries, his concerns and sense of responsibility. What happens when his trust is broken?

"I hurt you more than I wanted to. Did you even think about what I might have wanted?"

So much is concentrated on the submissive's side in many stories except when it goes wrong. BDSM is a symbiotic relationship. Abuse is a parasitic one. Here the dynamics of power are explored and what happens when there isn't balance.

This is not an entry level book and I would not recommend it to most. It deals with extremes. Elements of blood play, humiliation, intense SM, mild CBT, and sounding.

Favorite quote:

"That space is yours, Kas, and I don't need to flay your back for you to reach it."

Jason Bradley says

4.5 stars

This review contains spoilers.

This book took BDSM into a more realistic setting than many romance novels. Not all doms are rich and settled, not all submissives are young and twinkish.

It also tells the story of a man who has held himself on a tight rein, a psychologist with a neurosis concerning how others view his life. His sex is vanilla, his life is vanilla...until a patient comes into his office and begins talking about sexual proclivities that are shocking and arousing. Kasper, the psychologist, doesn't want to be moved by what he hears but these deviations excite him. Once Kasper steps over that line, testing the waters of BDSM, he finds that his tight rein held back an addict. With Kasper, there is tight control or there is no control. This is not a pretty, paint by number romance. It's not the story of a man who is spanked a few times and his whole life settles into place. It's the story of a man who finds a new side of his psyche and then has to learn to control it and accept it and work it into the life he nearly destroys with these struggles. The romance that develops is stronger because of the struggles. It's not a roses and candy and rainbows type of read.

Emma Sea says

I thought this was an interesting book. I was resistant at first to the idea that one MC was a therapist in a sexual relationship with his client, however, in the overall storyline, this actually worked well, because it's about an MC who finally caves in to his darkest desires, and struggles with acknowledging limits; his inability to draw a line between his professional responsibilities and his sexual wants was just one more example of being out-of-control. I also liked the Dom being working-class and the sub being a middle-class professional (similar to *Uneven*). Overall this was a nice variation to the standard BDSM theme.

Lexi Ander says

This hit several different areas of emotion for me. I wasn't sure that I was going to like it because it is hard for me to find an uptight psychologist sexy. I did struggle a little in the beginning for a couple of reasons. First Logan is seeing a psychologist (Kasper) because he has a blood fetish that he believes is out of control. I did grit my teeth a time or two through Logan's appointments. Second because I am totally green when it comes to blood fetish. BUT the fetish isn't really what the story is about.

In many ways it is a story of Kasper's awakening to things he has hidden from himself. He has this need for perfection that contributes to the manic downward spiral that his life takes when Kasper tries to reach for the unobtainable.

There is the forbidden relationship between doctor and patient that turns into a love story. Logan and Kasper together were intense and very erotic. Each battling their own addictions at times made the story incredibly sad for me. And then Logan (my hero) steps in and pulls Kasper back from the edge as he tries to find that balance between needs, desires, and additions for the both of them.

The only thing that I would have liked better is a longer period between acknowledgement/acceptance and the HEA at the end. This is well written but I needed more time between that intense discussion and the final scene to make me more in tune to the place Logan and Kasper ended up.

Feliz says

This was a very intense read, unputdownable for a big part of it. The blood play evened out a bit in the end, but never the BDSm theme, so the faint at heart among you beware! This isn't for everyone, neither for the

BDSM nor for the heavy psychological exploration that occurs as Logan and Kasper slowly come to know each other, and equally slowly come to realize that there's no need to be afraid or ashamed of who or what either of them is. Happiness and fulfillment comes in many colors, and theirs just happens to be red and black. An enthralling, at times disturbing but ultimately highly satisfying read about finding love through acceptance and respect.

? BookAddict ✍️ La Crimson Femme says

My Review on The Romance Reviews.

What happens when two people with extreme sexual desires and no limits are paired together? Bad things is what happens. Dangerous situations, visits to the hospital or even death could occur. Fortunately, in CATALYST, there is no death.

This intense BDSM book focused on the S/M side and specifically blood play is not for the uninitiated. I felt mixed about this book because it is yet another book where it shows people in the lifestyle as mentally unstable. This rubs me the wrong way, even though I understand the two authors' reason for employing this device in their storytelling.

Kasper nearly drowns into the world of BDSM because of his patient, Logan. Logan comes to him for therapy and opens the gateway into BDSM for Kasper. Logan's fetish is to make his sub bleed while having sex. Logan literally loves the taste of blood and can't orgasm without it. Logan's last experience scared him and caused him to seek for help because he sent his sub to the hospital by nicking an artery. Obviously, Logan is into edge play and he messed up big time as a Dom. What I found interesting is, in the book, it doesn't come across as damage as an occurrence everyone accepts. Anyone mildly into the lifestyle knows this can happen. Mistakes happen and people are harmed unintentionally. People learn from their mistakes and try not to let it happen again.

What I thought was a story about trying to control Logan's intense desire for blood play actually turned into a story of Kasper's descent into hell. This was an unexpected twist and it nearly broke my heart. The fact that Logan is the catalyst which sends Kasper into a spiral of pain slut debauchery is even more crushing for me. This story caused me to be ill at ease with the message it sent. I would hope those who are not part of the BDSM lifestyle understand how delicately the authors tried to ensure a decent portrayal of the BDSM lifestyle. The subtlety may be lost on some. I caught the glimpses to show what Kasper did was wrong. His inability to use his safeword which forced Dom/mes past their hard limit was a good point. Taking drugs before a scene is even a bigger no-no which the authors did a good job of pointing out. While I don't believe it is the job of the author to teach people the rules and etiquettes of the BDSM lifestyle, I did appreciate how they showed it.

Overall, I enjoyed this book and I was caught up and engaged in the two main characters, Kasper and Logan. I enjoyed the power exchange, which was never mentioned but demonstrated over the course of this story. I recommend this lovely little piece to those who enjoy the harder sides to BDSM.

Jenre says

Recently I've been in the mood for some darker m/m romance and have been reading a lot of BDSM m/m romance books. This one caught my eye because the original idea was a little different to the usual BDSM

stuff. The story begins as our hero Logan visits a therapist to try and curb his blood fetish urges. It is so bad for him at the moment that he can barely function without the urge to taste blood, especially during sex or masturbation, during which he self harms to get the rush he needs to get off. A recent disastrous scene at a local BDSM club which led to the sub being hospitalised has meant that Logan is desperate to be cured from this fetish in case he hurts someone else. He turns to therapist Kasper to help him but instead Kasper begins to form the basis of nightly fantasies for Logan. When Logan admits this to Kasper, he sets off a chain of events which leads to a downward spiral for his therapist as Kasper's life begins to unravel.

One of the very best things about this book is that it starts off focusing on one character and theme and then gradually changes to become a different story. The change is so gradual and expertly interwoven into the story that it was only when I got about half way through the book that I noticed how much things had changed. The story begins with its focus on Logan and his blood fetish. I have to admit, I don't really understand those who like to drink blood and get off on the taste, but I thought the authors did a great job in getting me into Logan's mindset so that I could understand why he felt as he did and it wasn't too long before I could see the eroticism of the act, at least as Logan sees it anyway. Those readers who feel totally disgusted by the idea of drinking blood shouldn't be too put off by the story as the scenes where Logan actually takes part in blood play are few. It's talked and fantasised about, rather than being shown much on page. As the story develops we shift more and more away from the blood fetish and onto the problems that Kasper encounters as he discovers through his relationship with Logan that he is a submissive. I don't want to say too much about that here as it will spoil the drama of the book if I reveal the secrets from later in the story, but the shift in narrative focus felt natural and it wasn't long before I was engaged as much with Kasper as I was with Logan at the beginning of the book.

Another part of the book which worked extremely well was the build up in sexual tension between Logan and Kasper. The heightened emotion and longing that both men feel was intense and I was helplessly drawn into that magnetic attraction that the two feel for each other, even as they know that professionalism and propriety dictate that they should deny the attraction. I could barely stop reading the book at this point and it was only as they gave into the tension between them that I felt I could relax into the story again. Actually I was a little disappointed at first to lose that delicious tension, but as the story began to develop into something different by that stage I was once again drawn into the story and read quickly onto the end.

The shift in focus from one character to the other, meant that both heroes were given enough page space for thorough characterisation. By the end of the book I felt like I knew them intimately and I was so captivated by them that I rejoiced when circumstances brought them together. The story showed how the push and pull of their strong attraction was both a blessing and a curse and I especially liked Logan's complete helplessness when faced with the situation Kasper gets himself into as it was a dramatic change for Logan from the confident seducer we see at the beginning of the story. As the main characters are the focus of the story, this meant there was little space for secondary characters. Those that did appear, such as Logan's boss, Adam, were used only to forward the relationship and provide some background information on the characters. In fact, if I have any criticisms of the story it would be that the scene at the party with Adam and Logan seemed a little forced and a too contrived way to give Logan, and the reader, some personal information about Kasper. However, I also acknowledge that the reader needed that information in order for the story to move on.

My only other niggle about the story was the way that Logan's blood fetish wanes almost to disappearing by the end of the book. At the beginning it is all consuming for him and yet he barely mentions it by the end. I wasn't sure whether this meant that the circumstances of his relationship with Kasper has now helped to alleviate some of those urges, or just that there wasn't space towards the end to continue focusing on that theme. Either way it was an oddity and I couldn't understand why the theme had been downplayed as the story ended.

That niggle wasn't enough to spoil my enjoyment of what was an extremely well written and rewarding

book. The themes are very dark and the characters are put thoroughly through the emotional wringer (as is the reader) but I was drawn into Logan and Kasper's story and found this to be a compelling read. I recommend *Catalyst* to those who are looking for a book which pushes the boundaries of m/m romance but still has a strong romantic and emotional core.

Sarah_loves_books says

DNFed at 36% and returned for refund. It's not nice to feel you have to force yourself to read something. The two main reasons I didn't like this were: very flowery prose in places and far too much sex description, and nothing much else. I don't know if it would have changed but I lost all interest in this.

I like the cover, though.

Kassa says

Catalyst is a hardcore BDSM story filled with tension and emotion. The characters are flawed, human, and very complex. The BDSM kink featured – in this case blood play – is woven intricately into the story. It's essential to the characters, their dynamic, their obsessions, and ultimately their failure or success as a couple. The complexity of the men is what elevates the story from being simply a heavy BDSM erotica into an angst filled emotional journey. The writing is somewhat languid but with each story I read by this duo it gets tighter and crisper. I personally like Catalyst more than anything I've read by these authors and easily recommend it to readers.

The blurb in this case is pretty spot on. The story is the journey of Logan Walker and his lover Kasper Bromley. Kasper is the psychologist that Logan starts seeing to help with his blood fetish and obsession. Initially the two are merely professional but the attraction can't be denied. Soon Kasper is so overwhelmed with his fantasies that he gives into Logan and starts a journey into submission that soon turns dark. When Kasper's issues start to take over their relationship, Logan isn't sure what to do. With Kasper spiraling deeper and deeper into the scary areas of BDSM and Logan fearful of his own dark needs, the situation becomes explosive.

The plot is very character driven but moves along at a crisp pace and good tone. There is some suspension of disbelief required with Kasper's job and his professional ethics though. One major complaint is that I just couldn't ever believe Kasper would throw away his morals to get involved with a patient. Not only get involved but continue under the pretense of "treatment" when clearly that professional relationship was shattered and broken. Added to this issue the one of safety which when dealing with blood is not minor but I could get past that for the sake of fictional romance. I would have also liked to see Kasper end the therapy after the first time they had sex. This issue may seem small but it overshadows the first part of the story for me. I kept thinking how unlikely and unrealistic it would be for Kasper to act like he did. However that said, it's a familiar trope (doctor/patient) in romance and the writing does a credible job of justifying and showing how certain things evolved.

Once the issue of therapy is set aside, the real intensity and conflict to the story take place. At this point (about halfway through) I couldn't put the book down. The story becomes compelling and fascinating as Kasper goes deeper and deeper into his obsession and submission with Logan. There are subtle, quiet warning signs that all is not well with both men yet the reader is swept up with their passion and need. It should probably end but they're so in love and don't want it to end, nor do they want to harm each other.

Neither is perfect and here the characterization is complex and well crafted. Kasper is arguably the more damaged of the two but their chemistry and dynamic together create another layer of intensity on top of their own problems.

The drama of their relationship, the arguments, the rock bottom, and then the slow road to recovery is simply fascinating. I especially love that when the two find their way back together, that doesn't mean a happy ending. I really appreciate that the story didn't ignore the men's needs and desires simply because it led to disaster. Instead it asks the question of can such deep obsessions be moderated at all and how do they handle such needs together and separately. There are no simple, easy answers to the questions asked and that is the most engaging aspect of the story. The twists keep you guessing about what will happen, just how far the story will take you.

The writing tries to focus on showing the reader the actions and offers a lot of interesting dialogue. There are a few clumsy information dumps – such as the conversation between Kasper's best friend and Logan – but the focus on the main characters keeps this to a minimum. The prose tends to be more languid, with a careful, thoughtful feel to the choices and uses more words than necessary to get a point across. Sometimes the story will repeat information just offered. I would have liked Logan and Kasper's past to be introduced earlier as the beginning is slow to take off.

These issues are pretty minor compared to the engrossing story though. The dark sides of BDSM are well portrayed here and without judgment. Instead the story is compelling and by turns fascinating, especially the end when Kasper and Logan are deeply into their domination/submission. The beginning starts slow so I recommend readers stick with it as it does slowly pick up the pace to a quick end.

Rissa (an M/M kinda Girl!!) says

4.5 Stars..I almost gave it a whole star just for the fact that it wasn't the 'norm'.

Logan has decided he needs to see a shrink to try and help him control his blood fetish. Dr. Bromley (Kasper) is just the shrink to help him...or is he?!

I had a hard time putting this one down to do things like feed my family or clean house, lol. This book was really well written, was filled with lots of kink, humiliation and self realization among other things. The blood play isn't what I was expecting and I actually wish there would have been a bit more. (is that odd?)

Thanks Barbie for the awesome recommendation and the loan! I look forward to reading more by this author.

Optimist ?King's Wench? & MANTIES Champion says

Somewhere between negative stars and 3, so I'll stick with no stars.

IT'S UNRATEABLE!

That's something, right?

This was recommended to me because I'm a kinky bitch and it is kinky. Hella kinky. Look at all those

shelves it landed on! And I don't even have a shelf for CBT. Perhaps I should remedy that. Most of the kink was good up until it wasn't. I still think Logan screwed the pooch on his "handling" of the topping from the bottom issue. Any dominant that let's his anger into a scene is a dangerous thing indeed, but I guess it was required to create conflict.

Conflict... more like

Logan and Kasper went all over me. I had to take a break from them and their lunacy because I kept getting so worked up. I can't decide if that's a good or bad thing. I tip my hat to S.L. Armstrong for getting me angry enough to not only give my kindle the double bird but have to put myself in timeout.

What tipped the scales was how close this book hits to home with Kasper being a psychologist and Logan his patient. **HIS PATIENT!!!** I know it's fiction. I read the blurb beforehand. I knew what I was getting into, but I just didn't expect for it go on as long as it did nor to be as affected by their ludicrous decision to continue fucking and attempting to have a therapeutic relationship. Simultaneously. What in the country fuck makes ANYONE think that's a wise course of action to take?

It just went on and on and on. I kept thinking "you've got to be kidding me, right?", but no they just kept meeting week after week. The straw that broke the camel's back was the party at Adam's house when Adam, Kasper's "best friend", proceeds to unload all of Kasper's dirty laundry to Logan in the middle of a barbecue!

double finger

That is precisely what it took to muster up the strength to tackle the rest of this. Either it was the wine or the second half improved. Tough to say. They did **FINALLY** put an end to their working relationship. Thankfully. That helped, but I still don't like either one of these MCs.

I have empathy for them and their respective plights, baggage and inner demons, but it doesn't mean I liked them. They make bad decisions, have piss poor communication and are manipulative. I had a difficult time believing a psychologist and an experienced dominant would be this atrociously bad at communication. They never talk, really talk until the last 20ish percent which was too little too late to redeem either one of them.

In hindsight, I should've just skimmed to the kinky bits and saved myself and my blood pressure.

Still, I can't help thinking that this is what authors strive for, isn't it? To affect their readers, to shake them up and make them uncomfortable? Mission accomplished. In spades. I'll not forget this book anytime soon.

Recommend to those who enjoy torturous reads.

Annery says

4.5

What a breath of fresh air. Here's a BDSM story where the D is a lower-class, uneducated, younger man while the sub is a 37 year-old psychologist who seemingly has everything he could want.

Logan Walker has a blood kink and during a scene at a BDSM club things get out of control. To try and get a handle on his impulses he decides to seek therapy and he visits Dr. Kasper Bromley. It seems like a good idea and in the course of time Logan does learn how to manage his blood lust, but before then things take a turn for Dr. Bromley. It turns out Kasper is a latent sub and not just any sub. He's the kind who so craves to so perfectly please a Dom that he'll withstand any level of pain to prove himself even to the point of danger.

This isn't a lighthearted read but one I would nonetheless recommend. The BDSM relationship explored veers from the traditional and the authors do a credible job of analyzing the psychology of MCs, what they crave, and what they get from their D/s dynamic. I loved that everything didn't happen in a flash but rather over time giving the characters time to develop and find their way.

It wasn't a 5 star read for me due to a few things:

I always find it disconcerting to find professions misrepresented. Kasper is 37 and a psychologist and yet I can't say that I would refer any patients to him. His general behavior with Logan is questionable and that's putting it mildly; also one would expect that when he found himself in trouble his first recourse would be to go to his own therapist, but he doesn't seem to have one. See? Not good practice.

As far as the writing I think there could've been a bit of editorial help particularly in sections where there's a change of P.O.V. practically in the middle of a sentence. Jarring.

However you can ignore all of these minor quibbles and enjoy BDSM from a distinctive perspective.

Cole Riann says

** 4.75 stars **

Catalyst tells the story of Logan, an accomplished Dom whose cravings for blood have recently crossed the line into negligence to his latest sub, ultimately putting him in the hospital after Logan's haze of lust at the taste caused him to slip and nick an artery with his sterile razor. The story starts in the office of Dr. Kasper Bromley, a psychiatrist, with a hesitant and slowly building dialogue between patient and practitioner. Logan came for help, finally telling himself that his cravings are sick and he can go no further. Since the incident only a month or so prior, Logan has only been able to come by pricking his own fingers and drinking the blood. The harder he tries to resist, the quicker he seems to fail at his self-imposed limits.

Kasper, for all that his money, education, and connections may seem, is not a happy man. He has done everything in his life to please other people, mostly his father, who even in death seems to hold a hand over his son's decisions. Yet, even with this knowledge, Kasper continues to believe that he is content, if not happy, with his life. It takes his new patient, Logan, to show him a world where submission can mean a break from the daily rigor of keeping his life in constant control. The more Logan tells him of the culture, the more Kasper's fantasies of submission spiral away from him. The more he fantasizes of Logan, however, the less he is able to hide from Logan's steady and watchful gaze. Logan can see that they've crossed a line somewhere, but now the only blood he craves is Kasper's. Unable to keep his rigid conformity, Kasper unleashes his deperation to please and their roles reverse. Now Kasper is the student, and Logan sets out to

teach him everything he knows. Ultimately, however, their lives are moving in different directions. While Logan is slowly coming to balance his cravings for blood, Kasper's desire to please at whatever cost is affecting the trust that Logan has implicitly placed in his care, as his doctor. With that trust breached, their relationship is set up for failure, and Kasper seems hell-bent on pushing his limitations further than humanly possible.

The most beautiful aspect of this novel are the characters, Logan and Kasper. To deal with a topic such as blood play in a contemporary setting and for the fetish not to come across as a glorification or purely for shock and awe, the reader needs to feel a connection to the characters and understand why this fetish is important to them. The understanding that is implicit in the writing of this book shows that the authors gave these characters the care that they deserved, and because of that I felt for them and cared about their growth. Logan starts to learn this early on as an aspect of his therapy with Kasper. Why does drinking blood make him feel powerful? Is it really a sickness, or is it a fetish like any other that happens to have a higher risk? For all of Logan's hangups at the beginning of the story, he really is quite a healthy man. He first felt the taste of blood as he lost his virginity and bit into his lover's neck as they came. That association, of blood with release and reward, fueled his fantasies and over the years became a full time addiction. One thing cannot go without the other. Kasper, on the other hand, is a very repressed man. In fact, he has repressed his repression, living in a safe world and inside a safe mind. The passion that is fueled by his conversations with Logan give him the opportunity to relinquish the control that he has so tightly bound himself to during the 37 years of his life. The problem that Logan soon begins to understand, is that Kasper cannot trade a habit of control with an addiction to submission without first dealing with that repression. The consequences of shifting those feelings onto a fetish that can be dangerous are an absence of limitations, and an absence of limitations is asking for trouble.

For the full review, please visit [Reviews by Jessewave](#).

Loederkoningin says

Oh, isn't blood so damn beautiful? That gorgeous crimson that pumps hotly through your veins, makes your cheeks flush and comfortingly, inevitably flows out of cuts, guarantees bruises more colorful than the woods in autumn...and that taste! Which is unlike anything else and best served hot; spicy yet sweet, only slightly syrupy, with a metallic tang.

You don't share my sentiment? Don't worry about it. A selection of my friends' reactions to me reading this book (lol!):

Friend 1: Ewww, really?

Friend 2: *blink*...um..ok

Friend 3: Uh ok?

Friend 4: Blood play *Yuck*.

But..will you look at him?

To add sex and an edge of danger to THIS....I... well, I wouldn't want to go there myself, but I can imagine the level of intensity that must accompany bloodplay.

And the funny thing about Catalyst is that it really isn't as dark and 'disgusting' as you might assume. Quite

the opposite actually! The bloodplay element appears to be introduced mostly to provide an interesting opening and excuse for the two MCs to meet during their lengthy patient & therapist sessions. What follows is anything but hold-your-breath edgeplay and the exploration of the mind of someone who lusts for blood. Instead, the focus is on relationship issues and on the therapist's discovery of the BDSM scene. As the blurb mentions, he loses sight of what's considered safe, sane and consensual. Something the authors emphasize in a way that borders on lecturing. It's not what I had expected and I have to admit that I didn't enjoy having to alter my expectations all that much. Basically, I had hoped for a more thrilling and intense read.

Catalyst started out interesting enough, with a man admitting to his therapist how his obsession with bloodplay almost cost the life of an ex-lover. For a change, I didn't mind these information bombs in disguise sessions all that much. They were a crucial part of the plot. What followed were a few sex scenes, a visit to a BDSM club, actual bloodplay taking a backseat to the daily humdrum and a patient/therapist affair that ran hot and cold and that took off in a direction I didn't really believe in.

Sure, some of these sex scenes vaguely made my belly tingle (except for the cumming on command thingy, that got old after the third time). Truth to be told though, I think the dash of D/s was responsible for this rather than the writing. The author's style will perhaps not be to everyone's taste. Its lushness sometimes struck a chord with me. But often the attempts to reach for poetic quality didn't convince. In fact, Catalyst suffered a bit from it. Especially during the sex scenes the long-winded dialogue seemed contrived.

All in all, my reading pleasure ran as hot and cold as the relationship of the MCs. It felt to me as if an interesting idea that could've made for an intensely passionate and tragic story collapsed like a soufflé over the course of the book, ending in an average BDSM story that wasn't particularly enthralling or refreshing in my eyes. Of course, your mileage may vary! If you like BDSM with struggling characters and somewhat purple prose, changes are that you will enjoy this. In that case, don't let the bloodplay factor put you off, this book is less dark, dirty and dangerous than you'd expect.

DarienMoya says

^^ KINK AT ITS BEST!^^

4.5

More of my reviews and ramblings at PANTS OFF REVIEWS

I am at a serious loss on how to write a review for this book. I wanna say some profound stuff and be articulate about it (doubt it). Heads up, you wont find all that here (told you). Catalyst is dirty, sexy, and crazy goodness. I had no expectations when I started this book. My eyes were all over the beautiful cover, and I knew I was going to be reading a BDSM novel. I got so much more than anticipated; Catalyst is all you will love in bdsm novel. Its dark with the right amount of kink, offers a soft side, but not too soft and the plot is insane with its content. I never saw so much darkness coming, and it was from the least expected character.

We meet Logan, who is meeting with his Psychologist for the first time. Logan has a blood fetish, and he's feeling that it's become unsafe for him to have a partner since he put his last submissive in the hospital. He is afraid that the hunger he has for tasting his partner's blood during intimacy will lead to lack of control causing him to harm yet another person. Therefore, he seeks help from Dr Kasper Bromley, in hopes he will be able to control and then stop his urge for blood.

The sessions between Logan and Kasper are dark, and could be somewhat disturbing to most readers. Logan talks about his fixation on blood, the taste of it the smell of it, and it how it brings fulfillment during sex. His doctor is not unaffected by these sessions, the chemistry between the two is strong, and the Dom in Logan calls out to Kasper. However, a patient/doctor relationship is strictly forbidden and both men will risk it all for the heat flaring between them.

I thought to myself *'there is no way this book could get any more intense'*; man was I in for a surprise. The relationship between Kasper and Logan is hellaciously hot but equally unhealthy. Kasper, as Logan's doctor before knows him in a way others don't. His uses the information to be manipulative, knowing that it will cause Logan harm or possibly himself. You see, Kasper has gotten a taste of the BDSM lifestyle and he is finding it perfect for him. Suddenly it becomes all about Kasper, without a care for Logan, because Kas will strive to be the best **'pain slut'** the bdsm scene has ever seen. It all spirals out of order, because the once Dr Control, has lost control.

I absolutely enjoyed this book talk about new and exciting. I loved the blood (yep). There is something very sexy about the forbidden and living on the edge. Nothing more deliciously forbidden like wanting to drink or taste someone's blood (I.E obsessions with PNR and vampires), and the spanking and being tied up just adds a heightened sexiness. This book is more than sex; it delves into 'how far are you willing to go satisfy your needs'. Kasper and Logan portray every element beautifully. I loved these characters, and the world created by the authors, this alternative lifestyle is kicking ass.

It is very clear that a lot of research and thought went into writing this book. Though I am fairly new to the BDSM reading scene, I have total respect for this book, because it offers great respect to an alternative sexual lifestyle. It's more than just kink, it's more than just what others may view as a weird way of getting off. Catalyst is the book that proves this; the characters prove this. Pain and humiliation is not what it's all about, the control and creating a safe environment and knowing your limits is the true way of BDSM

(All though the pain/humiliation can hurt soooo good).

Overall, a truly pants losing read. A nice balance of romantic and intense mixed with the darkly forbidden. I recommend this if you are looking for a different type of read, because sometimes **'normal'** sucks.
