



# **Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League International Book)**

*Hilary Flower , Katie A. Granju (Foreword by)*

[Download now](#)

[Read Online](#) ➔

## Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League International Book)

*Hilary Flower , Katie A. Granju (Foreword by)*

### **Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League International Book)**

Hilary Flower , Katie A. Granju (Foreword by)

In Hilary Flower's second book, ADVENTURES IN GENTLE DISCIPLINE, she allows the reader to explore goals of gentle discipline, rewards for both child and parent, and what it looks like in action. Hilary debunks myths about the effectiveness of gentle discipline methods while empowering parents to find ways to make gentle discipline work for both themselves and their children. With creativity, courage, and commitment, each parent and child can develop their own unique way of engaging in gentle discipline. Gentle discipline is not a far off standard for us to meet but an imperfect, lively and richly meaningful way of communicating with our children. Although experts can offer theories, this book proves that parents themselves have a great deal to offer other parents in regard to this incredibly worthwhile—and revolutionary!—way of guiding young children. Line drawings capture small scenes from the journey of parenting and personal stories from a variety of mothers show creative adaptations of gentle discipline methods in different families.

### **Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League International Book) Details**

Date : Published September 1st 2005 by La Leche League International

ISBN : 9780976896906

Author : Hilary Flower , Katie A. Granju (Foreword by)

Format : Paperback 360 pages

Genre : Parenting, Nonfiction, Childrens

 [Download Adventures in Gentle Discipline: A Parent-to-Parent Gui ...pdf](#)

 [Read Online Adventures in Gentle Discipline: A Parent-to-Parent G ...pdf](#)

**Download and Read Free Online Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League International Book) Hilary Flower , Katie A. Granju (Foreword by)**

---

## **From Reader Review Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League International Book) for online ebook**

### **Charity says**

I've read a lot of parenting books. A lot. This isn't the most in-depth, but it gives a really great overview of the practice of gentle discipline. I love Flower's focus on empathy, both for our children and for ourselves as we try to do the difficult work of raising our children outside of the script with which we were raised.

---

### **Rebecca says**

The book offers great ideas for using gentle discipline in your home. The advice can be applied in the home or in child-care settings. Numerous parents share their personal experiences in short synopsis. A helpful read for anyone raising or caring for children.

---

### **Faye says**

Lots of anecdotes on gentle discipline. This book didn't have groundbreaking new parenting info for me, but instead made me feel really happy and reassured about my parenting choices. It's a great source of support for gentle parents. I admit, I didn't read the whole thing cover to cover, but I do plan to buy it and keep it around.

---

### **Athene says**

I just couldn't get into this book. I like the topic, but I guess the style wasn't for me.

---

### **Leahjoypro says**

Although this book wasn't what I expected (more parent-to-parent than an actual how-to), I really enjoyed it and learned a lot. I think the most important lesson I learned from it was to be OK with making mistakes, and to learn to forgive myself. My favorite part was Chapter 12: Gentle Discipline Approaches to 10 Classic Concerns. I hope to use the helpful suggestions in that chapter as a handy reference if/when dealing with those issues. I also really enjoyed the essays at the end. I love the quote from Melissa Ridge Carter: "...3 clear goals: to love, to cherish and to listen". I may have to put that on my fridge as a loving reminder.

---

### **Betsy says**

This book is exactly what I needed to read this week! It didn't really teach me anything particularly new, but

---

PDF File: Adventures in Gentle Discipline: A Parent-to-Parent Guide (La Leche League Internationala...

just reading the stories from other mothers was encouraging and I thought the format was great for just reading through. I loved hearing about the different ways other mothers deal with similar issues and the section on whining (a current issue with my 3-year old) was extremely helpful!

---

### **Kati(e ) says**

Great addition to my collection of 'loving guidance' and 'raising kids' books. I took in a lot of the suggestions. This book is flexible in the sense of "here are a bunch of things these parents have tried that have worked for them, so take what works for you and your family and leave the rest behind." Also, this book was a huge self esteem booster for my parenting skills and helped me to realize that to practice gentle discipline you must first be gentle with yourself. You are not ALWAYS going to speak in a calm voice, with a sweet smile on your face, to you kids and THAT IS OKAY! as long as you apologize and dialogue with your kids about it in an appropriate way.

---

### **Rebekah says**

It's not a "do this and it will work book", the ideas come in the form of stories from other parents. They realized how they wanted to communicate with their children, to show their love by acting calmly and keeping harsh, hurtful words and tones out of their lives.

As is the mantra, one of them from La Leche League meetings, you take what works for your family and leave the rest.

---

### **K says**

Another discipline book where not all of the suggestions are for my family, but it's a very hands on book that most parents will be able to find a technique or two to try using.

---

### **Jeanine70 says**

Not so much a step-by-step guide, but a collection of dozens of real-world anecdotes from human parents. Lots of different approaches -- when reading it you feel free to dip in here and there and decide for yourself, "oh no way!" or "yes, that makes sense!"

---

### **Anne says**

I think that people can definitely take "gentle" to the extreme, however this book is a really good counter to people who grew up in a more disciplinary setting. It's all about the balance of things.

---

## **Julia Wells says**

What a fabulous book! It really validated my instincts that traditional punitive methods of discipline are not right for my son. The chapter on preventative discipline was particularly useful in which readers are invited to evaluate their rules and consider whether they are fair and age-appropriate. The book had a respectful tone towards the parents, encouraging us to take or leave whatever is useful in meeting the needs of our own children. I also really liked the final chapter full of 'personal essays' written by parents. This book made me feel supported and inspired to follow my instincts that gentle discipline is the way to go. Sadly this book is out-of-print so I will be very reluctantly returning it to the friend who lent it to me.

---

## **Megan says**

This book took forever to read (but by choice). I made that choice because having its advice and anecdotes fresh in my mind helped me in my own parenting journey. It helped me to be more calm on a day-to-day basis. It is a book I will return to throughout the years.

---

## **Tracy says**

\*\*I am re-looking at this from the perspective of a parent of an almost four year old. I think i may have previously sold this a bit short. Will re-review after more reading.

There are several useful chapters, but generally it is not very user friendly. In terms of a parenting book, i found the layout of the book difficult to navigate. I am pro-attachment parenting and nursed forever and believe that i practice gentle discipline to the best of my ability, but this book just didn't speak to me. Perhaps it will for someone else. I am glad the title is out there, though, as i fully support the concept!

---