



Guard My Heart

A.J. Summer

[Download now](#)

[Read Online](#) 

Guard My Heart

A.J. Summer

Guard My Heart A.J. Summer

Bound by birth - Separated by consequence

KYLE

I can't paint for shit. I can't carry a tune to save my life. But I have a story.

A story that started out brave. A story that started out humble. A story of total destruction.

What would you do to save your family?

My decision was easy, the consequence was death.

I am Kyle but most people know me as the RUNNER.

How did this start?

Seven days. In Seven days I changed my world and the world of everyone I loved.

MIA

I could tell you a story about love and sunshine and of all being right in the world. But I won't because that isn't my story.

My story is so sweet it will make your teeth rot. My story is so real it will make you believe in fairy tales. My story will rip your heart out and leave you bleeding all over the pages.

Outcast, rebel, misfit, all those words applied to me. Until I met him.

I fell in love once.

All it took was seven days. Seven days and my heart turned, twisted and thumped right next to his.

But not all stories have a happy ending....

Guard My Heat is book one in the Tainted Hearts Series. It follows the twins Kyle and Mia through seven days that changed their lives forever.

NOTE: This book contains mature and sensitive content and is not suitable for readers under 18.

Guard My Heart Details

Date : Published November 2013

ISBN :

Author : A.J. Summer

Format : ebook

Genre : New Adult

 [Download Guard My Heart ...pdf](#)

 [Read Online Guard My Heart ...pdf](#)

Download and Read Free Online Guard My Heart A.J. Summer

From Reader Review Guard My Heart for online ebook

Sheree says

Ummm I need the next book like now! One - I can't believe it was a friggin cliffhanger! Damn cliffhangers! Two - I was so caught up in these two stories I'm still not sure what I just read. All I know is I friggin loved it. Brilliant. Sucked me in and definitely has me wanting more. Like right now. K thanks. Three - I can't say too much because I don't want to give it away. But I highly recommend! One week to change your life is the storyline and it doesn't disappoint.

Jenifer Moreira says

Eu simplesmente estou passando longe dos finais felizes!

Mas uma intro de uma história que prejudicou meus dois joelhos hoje! Que narrativa, que dor.. que dupla mais f*****

Essa é a história.. ops.. a introdução da porcaria de vida que é a dos irmãos Andrews! E nossa.. não tem como não ficar chocada, com gosto de quero mais e mais uma vez impressionada com a coragem da autora !

Estou ficando má... ou com o coração peludo, mas eu adorei!

Sue says

Wow...what an extremely interesting and different kind of twisted story...we have twins (a boy and a girl), their abused mom, drunken step-dad and an assortment of friends who come and go in their lives.

When tragedy strikes one of the siblings, things start to get freaky strange...moods become volatile, life becomes more precious and yet darkness still seems to surround everyone.

Mia and Kyle were as close as twins could be...a spiritual connection that they had would get them through even the toughest times and although things change and life takes a wrong turn for one of them, I have hope that all is not lost in the end.

A rollercoaster ride of a relationship for Mia with a dark and brooding tattoo artist is sexy hot and very deep...they have a connection that rivals that of Mia and Kyle but with a sweetly steamy romance that teeters between peaceful and violent outbursts.

The ending was a shocker...made me want to throw my kindle...but I have a feeling things are not over yet for any of them until the final books are finished.

I really liked this one more than I thought I would...a new author for me and one that I will read again for sure, because I have to know how it all ends!!

**** 4 **** "guard my heart while crushing my soul" stars

Lindsay says

This is a wonderful story about twins and how each of their lives changed in seven days.

Angsty but beautiful. In spite of the NA flavor, the characters were easy to empathize with, and I enjoyed their journey to maturity. The ending was heartbreaking and shocking even to me. I can't wait to read the next book!

Highly recommended

Marie Obradovic says

In a word WOW definitely comes to mind. A debut Novel for AJ Summer. This is the most interesting book I think Ive ever read. It has been written with the utmost professionalism, utmost perfection - purely sensational.

Without giving anything away the story is in two parts, telling a brief story about a beautiful young man over the course of a week, his trials and tribulations.

It then follows on and tells an equally interesting and heart wrenching story of his twin Sister, Mia.

Please, if you like drama, love, lust and intensity this is a must for all readers.

Melissa says

Guard My Heart by A.J. Summer

I received an ARC in exchange for an honest review.

This is the debut novel from author A.J. Summer and it is truly a work of art. This book is vivid with detail, it will break your heart, have you on the edge of your seat, make you fall in love, and keep you up late at night reading. Kyle and Mia are twins and finishing up their senior year of high school. Their father has passed away and their mother remarried a drunk and abusive man. Every night as Kyle goes to bed with his door open, he hears Mia pushing her dresser in front of her door to block any unwelcome visits by her step-father. With little money, and not the brightest future, Kyle looks for any opportunity to help out his sister and his mother, including being a drug runner. The book follows a dual point of view via Kyle and Mia, but in a refreshing twist, it follows Kyle for seven days and then Mia for seven days. Seven days to make one choice that will change your entire world, seven days that will make you fall in love.

I loved this first novel from Ms. Summer, I am nervous to say too much because I don't want to ruin any of the details or twists for anyone. She did a fantastic job of storytelling, and painting a picture of two teens that you hope will survive their odds. This isn't a long read, and sometimes a quick one is just what you need! It is the first in the series, and it will leave you in tears with a book hangover wanting to know what is coming next.

I noticed several grammar and spelling issues, but honestly only two or three in one novel is minimal. I was disappointed in the ending, but in a good way, because I can't wait to see what is coming next.

This is a YA read for anyone 18 and over, due to some language and sexual content. If you are seeking a quick read with some great drama, suspense, and a bit of bittersweet love, then please one click this one! You won't regret it. Now, it's your turn! I want to know what you thought of the book! If you read it, please send me a message! Thank you very much to A.J. Summer for the opportunity to review this beautiful book.

Skye Turner says

Guard My Heart was quite an unexpected surprise!

I really enjoyed it.

I love that the book is broken into 2 parts and we get 2 different versions of basically the same story.

This is a story of a pair of siblings.

Kyle and his twin Mia. I was grabbed in the beginning and I was never really let go.

I found myself reading faster and faster, trying to get to the end to see exactly what was happening.

I can honestly say, this book blew me away. It was not what I was expecting and I really enjoyed it.

What can happen in a short 7 days can completely change your life.

I need the next installment.

Just a heads up though... there is a bit of a cliffhanger, but I still enjoyed the story very much.

Kudos! 4.25 stars!

Megan says

First of all, how awesome is that cover? If it doesn't make you want to read it then the blurb should. Seven days. So much can happen in a week. Follow first Kyle and then twin Mia's story in this unique tale.

This book absolutely blew me away! The characters are real and the circumstances in which these two live are totally relatable. This book has a bit of everything; sweet young love, edge-of-your-seat drama, heart-stopping action, twists and turns, delectable poetry.

You will feel for these characters, their fears, their turmoil, their heartbreak. They will also make you smile with both swoon-worthy moments and ones of humour.

"Who needs a black belt in karate when you have a fan belt in kick ass right?"

I instantly fell in love with Kyle. He was sweet and kind, with such love and dedication to his family that he was willing to make the biggest sacrifice of all. His heart is in the right place and I couldn't help but root for him. I just wanted him to get the girl and live the normal life he craved so much. The heart-pounding action that happens in his part of the story had me on the edge of my seat and continually guessing.

"You are not alive. Your heart beats because that is what your brain tells it to do.

Your lungs expand because that is what is required to continue existing.

You are not in control. Terror."

Mia is heartbreaking. Her poetry is beautiful. And her troubles and insecurities, though understandable, are sometimes shocking. She's hurting and has no confidence in herself. Until seven days that changed it all.

"I look into brown eyes filled with love and lust. I'm drowning in a sea of melted chocolate and sex. Fuck! Why haven't I married this girl yet?"

Jase. What can I say? At first he is all mysterious but Mia breaks through to him and as the story progresses we get to visit inside his head too. And wow! What a guy! He is perfect for Mia and exactly what she needs. He is hot and sweet too!

I really cannot say much else without giving too much away. You have been warned - there is no happy ending. There is a cliffhanger, but having said that the story still feels complete. I'm usually looking for a

HEA in the books I read but for some reason I was totally okay, more than okay – I was perfectly satisfied, with this ending.

This is AJ's debut, though you wouldn't know it from the quality of the writing. The perfect flow of words and her use of imagery makes for a truly breathtaking read. If you are looking for something a little different then this is it! It is dark, gritty, full of raw emotions but has its sweet moments too. I HIGHLY recommend you read this. I am desperately waiting for the next book, which I am told isn't too far away.

Melissa Faulkner says

Loved this story! Interesting to read 2 perspectives in one story. Mia's story broke my heart. Can't wait for the second

Cindy Smith says

Kyle and Mia are twins and Kyle will do anything to protect his mom and twin from the abusive step-father that lives with them. When a senior trip is being planned and money is tight, Kyle makes a decision to find the money so his twin can take this dream trip. The decision leads to unplanned problems. During the trip, Kyle ends up dying and Mia becomes lost in her depression. She writes poetry to escape and when that doesn't work, she cuts herself to feel. When Jase enters the picture, she finds herself drawn to the gorgeous stranger. Their trip to escape their memories together is so touching. The ending is so unexpected! What a great book~

Cat says

Alright, this was kind of confusing, but once I stopped trying to figure everything out and just went with things, I was hooked.

Kyle - starts the story though it ends kind of abruptly (though predictably). Lots of mystery

Mia - narrates the majority of the story, is in a depressing situation but doesn't really do much about it (which frustrated me).

Both characters narrate in a 1st person present tense, which was a bit odd but I think I finally got used to it by the end.

Pacing is fair and the characters are likable enough but really leavings me wondering where the rest of the story will go.

Jennifer Juers says

*Reviewing for Fallen For Books

What a great story. I'm not even sure where to start. I am thankful to the author for the warning in the beginning of the book letting me know that there isn't a HEA. Although, I'm not deterred by this but at least I'm aware that it's coming.

I love how Kyle is protective of his twin sister, Mia. He does what most would turn away from just to give her what she wants because their mother can't. Making a terrible choice to make Mia happy could cost him his life.

Mia, oh Mia. This girls story tears my hear apart. How much anger, frustration and loss can one person handle?

Poem quoted from the book...

Maybe I'm here, maybe I'm not.

Suppose I'll make it, suppose I'll
let it rot.

I turn my back, I'm standing proud.

Even when I'm alone, you are always around.

Open your eyes, take a glimpse at my soul.

There's a piece of your shadow making me whole.

In my darkness you shine on bright.

My beacon, my haven, my guiding light.

Until the time you turned it around.

You were gone, nowhere to be found.

I'm left screaming but you don't hear
this hole of sadness filled with another tear.

I definitely recommend this to you!

SDJ says

What an AWESOME read!!

Guard My heart has a heart breaking, heart warming, frustrating and suspense filled story line and with the help of all the contributors and the awesome cover design it has become one of my favourites.

The story line covers a variety of common life problems that our generation has to encounter and over come on a daily basis.

How everyone comes out on the end of it all is different and dependent on their circumstances and up bringing and their general attitude towards life.

The first character we meet is Kyle, a young male in the prime of his manhood and still discovering his potential and purpose in the world. Life is not easier for a male but it has its benefits. They are brought up to be more physical and "strong" in a sense. The decisions that Kyle makes through out his Seven Days are by no means easy and as a reader you must try to grasp the emotional challenge of facing these problems and trying so find a suitable solution at just 18 years of age. But as a loving brother and son, circumstances got the better of him and forced him to the point of no return.

Kyle's twin Mia(what a character!), she really gets to the heart of the reader. As a young female in the start of her adult life, she has had to encounter turmoil and pain through out, and as females are more inclined to handle problems with extreme emotion, she had to find a way to release it.

Mia's Seven Days is a flash back of her first week with the one person she could pictured herself spending the rest of her life with.... The Love Of Her Life. And along with this new love, new friendships form and they become the support system she so desperately needs. But with new relationships come new challenges as well, so Mia must decide if all of it is worth it.

Guard My Heart is the final chapter of the book and this is where the story line all comes together. (I cant say more without being a great big Spoiler)

It sets a scene for the Second release in the Guard My Heart - Tainted Hearts Series, with quite a few possible outcomes and leaves the reader wondering what will come next!

Laura Magali says

Cupcakes & happy birthday kisses

I have read many books and I always end up falling in love with the wonderful hero but my god AJ made me fall in love with not only Kyle but Mia and Jase :). this book had me on the edge of my seat !! I couldn't put my kindle down- needless to say RUNNER can't come any quicker

Kristin says

Guard My Heart is the prequel novel to the soon to be released book, Runner. It gives you two stories in one. The book starts with Kyle's story about how he protects his mom and twin sister Mia from their very abusive stepfather. He makes choices in his life that are morally wrong, but because he wants to protect his family, he feels they are the right ones to make. Kyle is selfless; he puts the needs of his sister and mom before his comfort. There is one decision he makes that will change not just his life, but Mia's and their mom's lives as well. He chooses to become a drug runner. When a drop goes wrong, Kyle looks for help and when he finds it, it's not the kind of help he should be taking: his life or the life of his sister. Kyle's character never changes in his story but it doesn't diminish him at all. He's a protector from start to finish.

The second half of the book jumps ahead in time almost a year. This is Mia's story. In the first part of the

book, she's a happy young girl who believes in love and happy endings. In the second part of the book, she is depressed and closed off. She no longer believes that she will have her happy ending. Mia meets Jase; he's new to town and the college she's attending. She immediately attracted to him. He's the ultimate bad boy. Throughout her story, you will see Mia grow and change. She starts to come out of her shell and trust and love again.

While I enjoyed parts of this book, I didn't enjoy the whole thing. Parts of Mia's story don't make sense to me, especially when the book again skips forward in time and she's got a new nickname that is never explained. You've got Mia, Jase and their friends all living together in one house. You don't find out what happens to her mom or the stepfather. While the author does let you know that this is not a HEA book, she does not in any way prepare you for the mother of all cliffhangers that the book ends with. It left me feeling very conflicted and like I had to make my own conclusion to what happens to Jase and Mia.
