



Quiet Phoenix 2: From Failure to Fulfilment: A Memoir of an Introverted Child

Prasenjeet Kumar

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Celebrating The Quiet Child: A Must Read For every Parent, Teacher, Mentor, Sports Coach.....

From Prasenjeet Kumar, the author of Quiet Phoenix, the Amazon #1 Bestseller in the Hot New Releases category, comes a sequel that no one who deals with introverted children should miss.

The underlying theme of the book is that just as a Phoenix Bird is hardwired to be reborn from the ashes of her ancestors, her tears are meant to cure wounds and she symbolises undying hope and optimism, so is your Quiet child built for persistence, creativity, and self-discipline; and for displaying a knack for self-learning, high emotional intelligence and an impeccable sense of moral responsibility.

With real life characters like Ms. Brownie Points, Mr. Noisy Ferrari and Ms. Pencil Snatcher, this book is intended for everyone--a parent, teacher, or sports Coach..

And if you are an introvert adult, you may find this book useful in understanding yourself, your past and what you want out of life in the future.

Quiet Phoenix 2: From Failure to Fulfilment: A Memoir of an Introverted Child Details

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jennspoint says

This is a wonderful follow-up to the first book in this series. Prasenjeet's deeply personal testimony of what life is like growing up as a "Quiet" child is touching. His gratitude toward his parents who have been empathetic and supportive of him throughout his life is touching, and his tips for others who are dealing with an introverted child are very helpful. As an adult, I was also moved to read the stories of a fellow introvert's experiences during those awkward and painful first years of school. The book is well-written and appropriate for audiences world-wide.

Rebecca Ambrose says

In this sequel to his enlightening book, Quiet Phoenix, Prasenjeet Kumar not only describes further the personality and preferences of the quiet child but also suggests ways in which parents can bring out the best in him or her. Drawing on his own experience, Prasenjeet describes his relationships with other children and adults, and suggests the ideal learning environment for this type of personality. However, this is very far from being a dull psychology textbook. The situations and incidents described are vivid and dramatic, enabling the reader to fully understand and empathise with children, and adults, who are sometimes at a disadvantage in society. The strengths of such people are often not immediately apparent, but that only makes it all the more important for teachers, parents and colleagues to recognise and validate them. Reading this book is an invaluable first step in that direction.

Gloria Piper says

This book targets the parents of the introverted child, but also resonates with adult introverts. Kumar carries us along on many of his childhood experiences, which remind the introvert of a childhood when they, too, were considered odd in the eyes of an extrovert world. Extroverts, in their outward living, may think of the quiet one as dull and ask, "What do you do for fun?" Introverts have their own form of enjoyment.

The author assures us that it is not only OK to be an introvert, but in many ways it is desirable. Because introverts enjoy a rich mental environment, they will consider the consequences of their actions before acting and, therefore, will not be risk takers. They will resist peer-group pressure because they are not interested in what the peer group is doing. Introverts have their own deeper interests. Yet they will be sensitive to the emotions of others and therefore can provide wise leadership. They may be more connected with nature and the spiritual. And they will be more interested in the humanities--such as music, art, acting, and the like.

You may be 90% or perhaps only 10% introvert. We all are one or the other to greater or lesser degrees. Call yourself an extrovert if you recharge your energy by being with others. Call yourself an introvert if you must recharge your energy by being alone.

Part the pages and see if this informative and interesting book describes you or someone you know.

